

# FADE TO BLACK

with JIMMY CHURCH

PRESENTS

## MAUREEN ST. GERMAIN

ELEVATE TO 5D

WED MAY 17 **LIVE**

700-900PM PT



1  
00:00:05,520 --> 00:00:13,750  
foreign

2  
00:00:45,229 --> 00:00:33,720  
[Music]

3  
00:00:49,130 --> 00:00:45,239  
I occasionally think how quickly our

4  
00:00:51,770 --> 00:00:49,140  
differences worldwide would vanish if we

5  
00:00:52,770 --> 00:00:51,780  
were facing an alien threat from outside

6  
00:00:54,580 --> 00:00:52,780  
this work

7  
00:00:54,760 --> 00:00:54,590  
[Music]

8  
00:00:57,189 --> 00:00:54,770  
[Applause]

9  
00:01:00,049 --> 00:00:57,199  
[Music]

10  
00:01:02,930 --> 00:01:00,059  
this is Fade to Black with your host

11  
00:01:03,530 --> 00:01:02,940  
Jimmy Church on the game changer Radio

12  
00:01:07,130 --> 00:01:03,540  
Network

13  
00:01:14,890 --> 00:01:11,630

all right welcome Fade to Black Hat

14

00:01:18,289 --> 00:01:14,900

right today's Wednesday May 17

15

00:01:20,929 --> 00:01:18,299

2023 and my guest tonight

16

00:01:24,289 --> 00:01:20,939

is one of my favorite people on planet

17

00:01:25,450 --> 00:01:24,299

Earth Maureen Saint Germain is with us

18

00:01:28,850 --> 00:01:25,460

we're going to be talking about

19

00:01:32,210 --> 00:01:28,860

Ascension how to elevate how to get

20

00:01:34,070 --> 00:01:32,220

yourself up to that number five five D

21

00:01:36,950 --> 00:01:34,080

we're going to be talking about that and

22

00:01:39,590 --> 00:01:36,960

so much more she has been an Ascension

23

00:01:43,670 --> 00:01:39,600

teacher all around the world she has

24

00:01:46,069 --> 00:01:43,680

taught in 24 countries including China

25

00:01:48,230 --> 00:01:46,079

Japan Australia Bulgaria turkey Egypt

26  
00:01:50,510 --> 00:01:48,240  
England Scotland Canada Mexico and the

27  
00:01:52,850 --> 00:01:50,520  
United States all of that in one breath

28  
00:01:54,889 --> 00:01:52,860  
and I would like to welcome back to fade

29  
00:01:57,230 --> 00:01:54,899  
to black seems like I was just hanging

30  
00:01:59,330 --> 00:01:57,240  
out with her last week Maureen Saint

31  
00:02:02,270 --> 00:01:59,340  
Germaine Maureen there she is how are

32  
00:02:05,450 --> 00:02:02,280  
you I am awesome I'm awesome to be on

33  
00:02:07,190 --> 00:02:05,460  
the show with you welcome to to you and

34  
00:02:09,889 --> 00:02:07,200  
all the guests that are listening I'm so

35  
00:02:11,570 --> 00:02:09,899  
happy to be here okay you're the best do

36  
00:02:18,110 --> 00:02:11,580  
we have fun

37  
00:02:21,110 --> 00:02:18,120  
that cruise really was awesome everyone

38  
00:02:24,650 --> 00:02:21,120

was in such a great space we had awesome

39

00:02:26,930 --> 00:02:24,660

information great people it was really

40

00:02:29,630 --> 00:02:26,940

fun oh it's interesting you know and

41

00:02:32,530 --> 00:02:29,640

this is you know what made it great for

42

00:02:35,589 --> 00:02:32,540

me nobody could Escape

43

00:02:40,790 --> 00:02:35,599

I said that

44

00:02:43,190 --> 00:02:40,800

oh man oh man there's a picture

45

00:02:45,650 --> 00:02:43,200

um I'll find it during the break I

46

00:02:48,710 --> 00:02:45,660

should have gotten it ready

47

00:02:51,290 --> 00:02:48,720

um there's a picture uh you and I took a

48

00:02:54,050 --> 00:02:51,300

selfie right and we if you remember we

49

00:02:57,290 --> 00:02:54,060

got the room all nuts and crazy and and

50

00:03:02,089 --> 00:02:57,300

you and I did this crazy selfie below

51  
00:03:05,330 --> 00:03:02,099  
you on the floor underneath your arms

52  
00:03:10,100 --> 00:03:05,340  
is Reuben Langdon doing a photobomb with

53  
00:03:10,110 --> 00:03:13,190  
[Music]

54  
00:03:16,430 --> 00:03:14,809  
I just laughing you know it's great and

55  
00:03:19,509 --> 00:03:16,440  
everybody in the room and Reuben is

56  
00:03:24,110 --> 00:03:19,519  
laying on the floor and he squeezes in

57  
00:03:26,030 --> 00:03:24,120  
and and does this crazy crazy crazy face

58  
00:03:28,250 --> 00:03:26,040  
it's it's awesome I'll I'll I'll I'll

59  
00:03:31,309 --> 00:03:28,260  
find it and post it it's just just

60  
00:03:33,470 --> 00:03:31,319  
awesome so uh welcome back

61  
00:03:36,589 --> 00:03:33,480  
um you know I I know that you get tired

62  
00:03:39,649 --> 00:03:36,599  
of hearing this Maureen but you hear me

63  
00:03:41,930 --> 00:03:39,659

say this to everybody that that uh I

64

00:03:43,190 --> 00:03:41,940

look up to you I admire you

65

00:03:45,350 --> 00:03:43,200

um I just think you're one of the

66

00:03:48,170 --> 00:03:45,360

greatest and I constantly say that in

67

00:03:50,030 --> 00:03:48,180

your presence and in your you know

68

00:03:52,130 --> 00:03:50,040

you're probably tired of it but we have

69

00:03:55,789 --> 00:03:52,140

been friends for a long time

70

00:03:59,690 --> 00:03:55,799

and your approach and your communication

71

00:04:01,729 --> 00:03:59,700

skills are so great and I've I've sat

72

00:04:03,949 --> 00:04:01,739

through your classes and I've I've

73

00:04:05,089 --> 00:04:03,959

always been there introduced you to you

74

00:04:08,990 --> 00:04:05,099

know and

75

00:04:12,229 --> 00:04:09,000

um you have a way of communicating did

76

00:04:15,170 --> 00:04:12,239

you get I I have to ask I've never asked

77

00:04:16,969 --> 00:04:15,180

you this did you learn that or were you

78

00:04:21,430 --> 00:04:16,979

born with that skill were you talking

79

00:04:24,230 --> 00:04:21,440

like that in first grade I was yeah yeah

80

00:04:26,689 --> 00:04:24,240

when I was in kindergarten this will

81

00:04:29,629 --> 00:04:26,699

make you laugh uh the teacher asked me

82

00:04:32,330 --> 00:04:29,639

what my address was

83

00:04:33,050 --> 00:04:32,340

and I looked at her and I said I don't

84

00:04:34,969 --> 00:04:33,060

know

85

00:04:37,670 --> 00:04:34,979

and then she asked me

86

00:04:39,290 --> 00:04:37,680

what's your phone number and I looked at

87

00:04:40,790 --> 00:04:39,300

her and said why are you asking me these

88

00:04:43,730 --> 00:04:40,800

questions when you obviously have them

89

00:04:47,150 --> 00:04:43,740

on the paper in front of you

90

00:04:49,129 --> 00:04:47,160

end of story yeah she wrote a note to my

91

00:04:50,629 --> 00:04:49,139

mom yeah yeah right on the back of the

92

00:04:52,550 --> 00:04:50,639

report card

93

00:04:55,310 --> 00:04:52,560

laughs

94

00:04:58,689 --> 00:04:55,320

her communication skills are great but

95

00:05:01,129 --> 00:04:58,699

she needs to back up just a little bit

96

00:05:02,870 --> 00:05:01,139

yeah well why was I worried about it I

97

00:05:04,670 --> 00:05:02,880

lived on a farm people took me where I

98

00:05:05,990 --> 00:05:04,680

needed to go why was it important for me

99

00:05:09,110 --> 00:05:06,000

to know these things yeah yeah yeah yeah

100

00:05:12,469 --> 00:05:09,120

I love that I love that

101  
00:05:13,490 --> 00:05:12,479  
I uh uh I think all of this

102  
00:05:15,950 --> 00:05:13,500  
um

103  
00:05:18,830 --> 00:05:15,960  
the notes to your parents

104  
00:05:22,070 --> 00:05:18,840  
the the notes are never good notes you

105  
00:05:24,350 --> 00:05:22,080  
know Maureen is amazing Jimmy is amazing

106  
00:05:27,290 --> 00:05:24,360  
right

107  
00:05:30,770 --> 00:05:27,300  
more rays in his allowance you know no

108  
00:05:32,450 --> 00:05:30,780  
those weren't the notes and I remember I

109  
00:05:34,029 --> 00:05:32,460  
got I got this thing in the back one of

110  
00:05:36,370 --> 00:05:34,039  
my report cards and I didn't understand

111  
00:05:39,050 --> 00:05:36,380  
what the teacher wrote

112  
00:05:40,189 --> 00:05:39,060  
you know done intentionally words that I

113  
00:05:42,469 --> 00:05:40,199

don't understand

114

00:05:43,670 --> 00:05:42,479

and I take it home and I I thought it

115

00:05:45,790 --> 00:05:43,680

was good

116

00:05:48,950 --> 00:05:45,800

nah now

117

00:05:52,189 --> 00:05:48,960

it wasn't so good it wasn't so good but

118

00:05:54,469 --> 00:05:52,199

uh yeah yeah uh I've been doing this uh

119

00:05:57,850 --> 00:05:54,479

my whole life and so have you

120

00:06:02,390 --> 00:05:57,860

um now let's let's actually start here

121

00:06:04,129 --> 00:06:02,400

because down below everybody there is a

122

00:06:06,650 --> 00:06:04,139

special link

123

00:06:09,770 --> 00:06:06,660

um that Maureen it's a gift uh to

124

00:06:12,590 --> 00:06:09,780

everybody tonight so you can scroll down

125

00:06:15,170 --> 00:06:12,600

and and check that out uh but because

126  
00:06:16,850 --> 00:06:15,180  
I'm gonna let Maureen tell you what that

127  
00:06:20,510 --> 00:06:16,860  
link is

128  
00:06:24,409 --> 00:06:20,520  
okay so this is a guided meditation it

129  
00:06:27,230 --> 00:06:24,419  
won two Awards it won an award as a CD

130  
00:06:28,550 --> 00:06:27,240  
of the Year by the uh Coalition of

131  
00:06:31,909 --> 00:06:28,560  
visionary resources the people in the

132  
00:06:35,150 --> 00:06:31,919  
biz excuse me and

133  
00:06:37,689 --> 00:06:35,160  
um it's a meditation it's actually two

134  
00:06:41,570 --> 00:06:37,699  
parts an intro and an actual meditation

135  
00:06:44,510 --> 00:06:41,580  
where you are walked through a

136  
00:06:47,090 --> 00:06:44,520  
explanation on why this works and what

137  
00:06:47,870 --> 00:06:47,100  
it is and where my uh resources came

138  
00:06:51,290 --> 00:06:47,880

from

139

00:06:53,990 --> 00:06:51,300

and then it explains that there's a bowl

140

00:06:55,730 --> 00:06:54,000

of energy like you know when you cut a

141

00:06:57,050 --> 00:06:55,740

little boy's hair you know and cut it in

142

00:07:02,510 --> 00:06:57,060

a bowl

143

00:07:06,050 --> 00:07:02,520

activate and I walk people through the

144

00:07:08,629 --> 00:07:06,060

activation of it that turns on what I

145

00:07:13,070 --> 00:07:08,639

call the Satellite Dish to call home

146

00:07:16,550 --> 00:07:13,080

and the meditation is very high uh I

147

00:07:18,650 --> 00:07:16,560

have pages and pages of of uh feedback

148

00:07:20,990 --> 00:07:18,660

from people who have used it and are

149

00:07:24,589 --> 00:07:21,000

just raving about it because it opens up

150

00:07:25,969 --> 00:07:24,599

their connection to source and the cool

151

00:07:27,950 --> 00:07:25,979

thing is

152

00:07:29,749 --> 00:07:27,960

because we're working with the sinus

153

00:07:31,249 --> 00:07:29,759

cavities and there are sinus cavities in

154

00:07:33,529 --> 00:07:31,259

the back of the head that even the

155

00:07:36,589 --> 00:07:33,539

medical establishment does not know what

156

00:07:37,129 --> 00:07:36,599

they're for and so

157

00:07:38,570 --> 00:07:37,139

um

158

00:07:40,309 --> 00:07:38,580

the

159

00:07:43,129 --> 00:07:40,319

actual

160

00:07:45,469 --> 00:07:43,139

energy you can feel it so when you do

161

00:07:47,510 --> 00:07:45,479

this meditation you'll feel your sinuses

162

00:07:49,309 --> 00:07:47,520

open up even if you didn't think they

163

00:07:52,129 --> 00:07:49,319

were close

164

00:07:54,950 --> 00:07:52,139

um and it's based on uh some information

165

00:07:58,670 --> 00:07:54,960

that I was given by my guides and then I

166

00:08:02,270 --> 00:07:58,680

found something in the Old Testament a

167

00:08:04,249 --> 00:08:02,280

reference in Ecclesiastes 2 the silver

168

00:08:05,689 --> 00:08:04,259

cord and the golden bow before the

169

00:08:08,629 --> 00:08:05,699

Golden Bowl is broken and before the

170

00:08:10,129 --> 00:08:08,639

silver cord is broken and I knew that

171

00:08:11,570 --> 00:08:10,139

that was the missing piece that I had

172

00:08:14,870 --> 00:08:11,580

been waiting for and I've been waiting

173

00:08:17,809 --> 00:08:14,880

for like five six seven years to release

174

00:08:19,909 --> 00:08:17,819

this information and the meditation is

175

00:08:21,290 --> 00:08:19,919

just wonderful people have raped and

176

00:08:24,770 --> 00:08:21,300

raped about it so

177

00:08:28,249 --> 00:08:24,780

the idea for the listener is to play the

178

00:08:29,689 --> 00:08:28,259

intro and then the actual meditation and

179

00:08:31,129 --> 00:08:29,699

at some point you might decide you don't

180

00:08:32,570 --> 00:08:31,139

need to listen to the intro I always

181

00:08:35,269 --> 00:08:32,580

like to listen to it because I like to

182

00:08:38,389 --> 00:08:35,279

be reminded of the setup but you don't

183

00:08:39,949 --> 00:08:38,399

have to after a few times you know I I

184

00:08:41,630 --> 00:08:39,959

um I was one of those people that if I

185

00:08:44,149 --> 00:08:41,640

played an exercise video in the first 10

186

00:08:45,470 --> 00:08:44,159

minutes were the safety instructions I

187

00:08:48,650 --> 00:08:45,480

ended up missing the whole video because

188

00:08:50,990 --> 00:08:48,660

I went and did something else

189

00:08:53,269 --> 00:08:51,000

um uh on the cruise okay so everybody

190

00:08:55,850 --> 00:08:53,279

the link is below let's talk about

191

00:08:58,490 --> 00:08:55,860

meditation for a second uh and I want to

192

00:09:01,490 --> 00:08:58,500

get into a definition of 5D we'll do

193

00:09:03,230 --> 00:09:01,500

that too in just a minute but so Maureen

194

00:09:04,550 --> 00:09:03,240

and I we go on this Cruise we've got

195

00:09:05,769 --> 00:09:04,560

about 200 people

196

00:09:08,870 --> 00:09:05,779

um on this cruise

197

00:09:10,970 --> 00:09:08,880

and uh it's the cruise to Mexico from

198

00:09:13,670 --> 00:09:10,980

last month and

199

00:09:18,230 --> 00:09:13,680

um a lot of meditating on this Cruise a

200

00:09:20,509 --> 00:09:18,240

lot of breath work on this cruise and at

201  
00:09:23,750 --> 00:09:20,519  
about day four

202  
00:09:26,150 --> 00:09:23,760  
right at about name four

203  
00:09:29,750 --> 00:09:26,160  
I could go into the Zone in about 30

204  
00:09:32,690 --> 00:09:29,760  
seconds I was I was breath worked out it

205  
00:09:36,110 --> 00:09:32,700  
was it was pretty intense it was pretty

206  
00:09:37,850 --> 00:09:36,120  
intense it was like I was I was already

207  
00:09:40,910 --> 00:09:37,860  
there

208  
00:09:43,430 --> 00:09:40,920  
and and to have so many people that were

209  
00:09:45,650 --> 00:09:43,440  
just on the same page and at the same

210  
00:09:48,650 --> 00:09:45,660  
you know in the same space it was it was

211  
00:09:50,269 --> 00:09:48,660  
pretty amazing and the interesting thing

212  
00:09:53,509 --> 00:09:50,279  
about that is when there's a group like

213  
00:09:56,810 --> 00:09:53,519

that that group energy actually Builds

214

00:10:00,470 --> 00:09:56,820

on each other and so the whole group is

215

00:10:02,150 --> 00:10:00,480

working together as a unit and so you

216

00:10:05,090 --> 00:10:02,160

get listed into that zone pretty easily

217

00:10:07,850 --> 00:10:05,100

because you're sharing the same vibe

218

00:10:13,130 --> 00:10:07,860

it was so funny my my quote after day

219

00:10:19,730 --> 00:10:18,110

forever breath work um uh uh okay so uh

220

00:10:22,610 --> 00:10:19,740

I could joke about that all day long

221

00:10:25,670 --> 00:10:22,620

because uh I talk about uh meditation

222

00:10:28,970 --> 00:10:25,680

and my own version of it you know where

223

00:10:31,150 --> 00:10:28,980

how I do it which is completely against

224

00:10:34,009 --> 00:10:31,160

all the rules but it works for me right

225

00:10:35,630 --> 00:10:34,019

well I'm not so much of a rule maker or

226

00:10:38,750 --> 00:10:35,640

taker either because

227

00:10:41,990 --> 00:10:38,760

I decided that I had such a monkey mind

228

00:10:44,090 --> 00:10:42,000

years ago that I needed somebody to

229

00:10:45,110 --> 00:10:44,100

guide me through it and I listened to a

230

00:10:47,269 --> 00:10:45,120

couple of other people and I remember

231

00:10:49,550 --> 00:10:47,279

saying to my sister I could do something

232

00:10:51,470 --> 00:10:49,560

better than that and she said what's

233

00:10:52,490 --> 00:10:51,480

stopping you and that's how this all got

234

00:10:56,389 --> 00:10:52,500

started

235

00:11:00,170 --> 00:10:56,399

I sat down with uh Susan uh Shimski and

236

00:11:03,710 --> 00:11:00,180

I don't think you were there

237

00:11:06,290 --> 00:11:03,720

um uh she was table tipping right so and

238

00:11:09,470 --> 00:11:06,300

she goes and I was supposed to be over

239

00:11:11,750 --> 00:11:09,480

with uh Scott Walter at that they were

240

00:11:14,210 --> 00:11:11,760

starting she goes Jimmy just you and

241

00:11:16,850 --> 00:11:14,220

Sarah come in and you can be first with

242

00:11:20,150 --> 00:11:16,860

the with uh the question and I said okay

243

00:11:22,130 --> 00:11:20,160

so we go in and before we did 45 minutes

244

00:11:24,730 --> 00:11:22,140

of breath work

245

00:11:28,069 --> 00:11:24,740

and and poor Scott was across the hall

246

00:11:30,050 --> 00:11:28,079

and and I looked at Sarah and Sarah was

247

00:11:32,810 --> 00:11:30,060

in the zone and by the time we got

248

00:11:34,970 --> 00:11:32,820

around asking questions uh I didn't want

249

00:11:37,069 --> 00:11:34,980

to come back out of the meditation but

250

00:11:40,310 --> 00:11:37,079

the reason why I bring it up is she did

251  
00:11:44,389 --> 00:11:40,320  
seven breath exercises seven different

252  
00:11:47,509 --> 00:11:44,399  
ones you know it was 45 minutes I I too

253  
00:11:50,150 --> 00:11:47,519  
many too many rules for me right I I

254  
00:11:52,550 --> 00:11:50,160  
think that there is uh an easier way to

255  
00:11:54,590 --> 00:11:52,560  
get there at least my style

256  
00:11:58,130 --> 00:11:54,600  
um but I'm gonna check out yours uh

257  
00:12:01,310 --> 00:11:58,140  
below now uh let's let's talk about 5D

258  
00:12:02,810 --> 00:12:01,320  
and and I know that I ask you this every

259  
00:12:08,449 --> 00:12:02,820  
time that you're on the show but for

260  
00:12:12,290 --> 00:12:08,459  
those out there that have heard 5D 3D 4D

261  
00:12:16,430 --> 00:12:12,300  
5d6 you've heard but it's misused I

262  
00:12:17,930 --> 00:12:16,440  
think quite a bit one and two uh most

263  
00:12:19,970 --> 00:12:17,940

don't know where to go to get this

264

00:12:22,130 --> 00:12:19,980

information or to even fully understand

265

00:12:26,210 --> 00:12:22,140

what we're talking about

266

00:12:29,810 --> 00:12:26,220

so let's start there what is Maureen St

267

00:12:31,250 --> 00:12:29,820

germain's definition of 5D 5D is the

268

00:12:35,210 --> 00:12:31,260

equivalent of what everyone else says is

269

00:12:37,190 --> 00:12:35,220

heaven that's an easy definition it's a

270

00:12:38,870 --> 00:12:37,200

vibrational data set it means that you

271

00:12:42,769 --> 00:12:38,880

and I can be sitting here and get into

272

00:12:46,329 --> 00:12:42,779

5D and slide back out

273

00:12:50,389 --> 00:12:46,339

and slide back in

274

00:12:52,430 --> 00:12:50,399

the place where we can uh

275

00:12:54,230 --> 00:12:52,440

be in

276

00:12:56,269 --> 00:12:54,240

what I would call Active Free Will

277

00:12:58,970 --> 00:12:56,279

without having

278

00:13:01,250 --> 00:12:58,980

the attraction factor to anything that

279

00:13:04,370 --> 00:13:01,260

would be harmful or hurtful we lose our

280

00:13:07,009 --> 00:13:04,380

taste for

281

00:13:08,449 --> 00:13:07,019

um misbehaving I would say doesn't mean

282

00:13:09,590 --> 00:13:08,459

we won't have creativity it doesn't mean

283

00:13:11,990 --> 00:13:09,600

we won't have variety it doesn't mean we

284

00:13:15,230 --> 00:13:12,000

won't have lots of color we won't need

285

00:13:17,449 --> 00:13:15,240

to have the darkness and the Darkness

286

00:13:20,210 --> 00:13:17,459

implies

287

00:13:23,690 --> 00:13:20,220

um choices that are less than

288

00:13:26,030 --> 00:13:23,700

supportive or holy and not necessarily

289

00:13:28,670 --> 00:13:26,040

the color Darkness

290

00:13:31,970 --> 00:13:29,290

um

291

00:13:35,509 --> 00:13:31,980

I like to misbehave though

292

00:13:37,870 --> 00:13:35,519

yes and you will and you know I'm quite

293

00:13:40,310 --> 00:13:37,880

the character myself but

294

00:13:42,470 --> 00:13:40,320

that doesn't mean

295

00:13:44,329 --> 00:13:42,480

that you you're misbehaving is hurtful

296

00:13:47,810 --> 00:13:44,339

or harmful to anyone

297

00:13:50,690 --> 00:13:47,820

you see so the the craziness the acting

298

00:13:52,129 --> 00:13:50,700

out all that is great and that that's

299

00:13:55,250 --> 00:13:52,139

the cool thing it's never been done

300

00:13:59,509 --> 00:13:55,260

before we've never moved our creativity

301

00:14:03,290 --> 00:13:59,519

into the 5D Zone where we would continue

302

00:14:04,550 --> 00:14:03,300

to have free will but the option to

303

00:14:07,310 --> 00:14:04,560

choose something would be harmful or

304

00:14:08,990 --> 00:14:07,320

hurtful doesn't exist and the best way I

305

00:14:10,970 --> 00:14:09,000

know to explain it is

306

00:14:12,790 --> 00:14:10,980

you know if you have a house guest and

307

00:14:15,650 --> 00:14:12,800

they they come to your house

308

00:14:17,090 --> 00:14:15,660

unexpectedly you invite them in you

309

00:14:19,550 --> 00:14:17,100

maybe give them a glass of water or a

310

00:14:21,470 --> 00:14:19,560

cup of coffee and sit them down and say

311

00:14:23,690 --> 00:14:21,480

you know what can I do for you you

312

00:14:25,670 --> 00:14:23,700

wouldn't think of having someone stand

313

00:14:27,650 --> 00:14:25,680

at the door and try to tell you their

314

00:14:29,870 --> 00:14:27,660

story

315

00:14:32,629 --> 00:14:29,880

so it's our culture that says we would

316

00:14:33,829 --> 00:14:32,639

be respectful and and allow our guests

317

00:14:37,610 --> 00:14:33,839

to come in

318

00:14:39,050 --> 00:14:37,620

the same way in 5D it doesn't occur to

319

00:14:41,210 --> 00:14:39,060

us

320

00:14:43,670 --> 00:14:41,220

to do anything that's harmful or hurtful

321

00:14:45,769 --> 00:14:43,680

because we're so plucked in that we

322

00:14:48,050 --> 00:14:45,779

would know before we opened our mouth

323

00:14:50,030 --> 00:14:48,060

that that thing I was going to say isn't

324

00:14:53,689 --> 00:14:50,040

going to work

325

00:14:56,569 --> 00:14:53,699

yeah so it's like that I was I was uh I

326

00:14:58,129 --> 00:14:56,579

was talking to Whitley strieber uh last

327

00:15:00,230 --> 00:14:58,139

night or the night before I think it was

328

00:15:03,769 --> 00:15:00,240

last night I can't remember

329

00:15:07,069 --> 00:15:03,779

um and this is we were talking about

330

00:15:08,810 --> 00:15:07,079

this briefly and I mentioned

331

00:15:11,150 --> 00:15:08,820

and I think this is where you're going

332

00:15:16,009 --> 00:15:11,160

that

333

00:15:18,110 --> 00:15:16,019

if you want the world to be different if

334

00:15:20,689 --> 00:15:18,120

you want what's in front of you to

335

00:15:23,269 --> 00:15:20,699

change then you yourself have to be that

336

00:15:24,889 --> 00:15:23,279

change you have to play the role you

337

00:15:27,710 --> 00:15:24,899

can't you can't fake your way through

338

00:15:30,769 --> 00:15:27,720

this it starts with you right

339

00:15:32,090 --> 00:15:30,779

right and it puts you in a Zone it's

340

00:15:33,290 --> 00:15:32,100

kind of like the zone you were in when

341

00:15:36,470 --> 00:15:33,300

you were describing your meditation

342

00:15:38,629 --> 00:15:36,480

right it's a place of peacefulness and

343

00:15:41,030 --> 00:15:38,639

Tranquility but it isn't completely

344

00:15:43,189 --> 00:15:41,040

limited to that but that might be where

345

00:15:45,590 --> 00:15:43,199

you start because there's layers you

346

00:15:48,170 --> 00:15:45,600

know when you get into 5D that's not the

347

00:15:50,569 --> 00:15:48,180

end all of the be-all that's just the

348

00:15:52,670 --> 00:15:50,579

beginning of a whole nother round of of

349

00:15:57,290 --> 00:15:52,680

creativity

350

00:16:01,490 --> 00:15:57,300

so okay so now let's go down a level

351

00:16:06,350 --> 00:16:01,500

let's go down to 4D for a second

352

00:16:07,550 --> 00:16:06,360

um right now right now am I am I 3D

353

00:16:10,389 --> 00:16:07,560

sometimes

354

00:16:12,889 --> 00:16:10,399

[Laughter]

355

00:16:14,090 --> 00:16:12,899

ah okay

356

00:16:18,889 --> 00:16:14,100

um

357

00:16:19,730 --> 00:16:18,899

4D has got a kind of a strange uh

358

00:16:20,509 --> 00:16:19,740

uh

359

00:16:23,689 --> 00:16:20,519

um

360

00:16:26,210 --> 00:16:23,699

a reputation that's a good word well I

361

00:16:28,670 --> 00:16:26,220

you know the science the science uh

362

00:16:30,710 --> 00:16:28,680

scientists will say that 40 is time and

363

00:16:33,590 --> 00:16:30,720

I don't believe that at all

364

00:16:35,810 --> 00:16:33,600

um I think time is a construct and as

365

00:16:37,430 --> 00:16:35,820

such we can manipulate time very easily

366

00:16:39,650 --> 00:16:37,440

and there's plenty of stories of people

367

00:16:41,509 --> 00:16:39,660

who have manipulated time you might be

368

00:16:43,009 --> 00:16:41,519

even have that experience yourself where

369

00:16:44,749 --> 00:16:43,019

you know it's a five hour drive and you

370

00:16:46,970 --> 00:16:44,759

make it in three hours and you're not

371

00:16:48,710 --> 00:16:46,980

speeding and you're just in the zone and

372

00:16:49,490 --> 00:16:48,720

suddenly you arrive and everybody's I

373

00:16:50,810 --> 00:16:49,500

thought you weren't going to get here

374

00:16:52,670 --> 00:16:50,820

for another couple hours

375

00:16:56,749 --> 00:16:52,680

that kind of stuff has happened and it's

376

00:16:58,370 --> 00:16:56,759

been documented by people including me

377

00:17:00,590 --> 00:16:58,380

um happened to Greg Braden in Egypt it

378

00:17:02,689 --> 00:17:00,600

happened to me in Egypt

379

00:17:07,010 --> 00:17:02,699

um so I don't buy the time thing at all

380

00:17:10,250 --> 00:17:07,020

so I uh as as I explore the energy I see

381

00:17:15,710 --> 00:17:10,260

the time excuse me that fourth dimension

382

00:17:19,549 --> 00:17:15,720

is a Zone where you are moving into

383

00:17:23,030 --> 00:17:19,559

that is still has polarity but the vibe

384

00:17:27,130 --> 00:17:23,040

is faster so it's high emotion High

385

00:17:29,690 --> 00:17:27,140

creativity and high uh

386

00:17:33,650 --> 00:17:29,700

expression so you could be either really

387

00:17:35,990 --> 00:17:33,660

happy or really sad and either one will

388

00:17:38,690 --> 00:17:36,000

push you down or push you up

389

00:17:40,789 --> 00:17:38,700

so and it's like music because you're a

390

00:17:44,690 --> 00:17:40,799

musician you understand this when you do

391

00:17:47,029 --> 00:17:44,700

a 135 chord the 135 is very comfortable

392

00:17:50,150 --> 00:17:47,039

and the music wants to flow around those

393

00:17:51,110 --> 00:17:50,160

three notes if you get stuck on the

394

00:17:53,450 --> 00:17:51,120

fourth

395

00:17:57,289 --> 00:17:53,460

it wants to resolve either down to the

396

00:18:01,669 --> 00:17:57,299

third or up to the fifth so four is a

397

00:18:03,590 --> 00:18:01,679

transition zone and as a transition zone

398

00:18:06,650 --> 00:18:03,600

the best way to describe fourth is Grand

399

00:18:09,110 --> 00:18:06,660

Central Station or any airport it's the

400

00:18:10,669 --> 00:18:09,120

place you go to to get somewhere else it

401  
00:18:13,490 --> 00:18:10,679  
is not

402  
00:18:16,789 --> 00:18:13,500  
a location that you want to go to it's a

403  
00:18:19,850 --> 00:18:16,799  
it's a transition place okay Maureen um

404  
00:18:22,610 --> 00:18:19,860  
I think your cable is making some noise

405  
00:18:24,710 --> 00:18:22,620  
uh your headphones and I'm waving my

406  
00:18:27,770 --> 00:18:24,720  
arms around too much sorry exactly

407  
00:18:29,390 --> 00:18:27,780  
exactly see see that's a that's a 5D

408  
00:18:31,610 --> 00:18:29,400  
connection right there

409  
00:18:33,289 --> 00:18:31,620  
[Laughter]

410  
00:18:36,110 --> 00:18:33,299  
kind of like

411  
00:18:39,430 --> 00:18:36,120  
um I'm doing a you know visual kind of

412  
00:18:41,810 --> 00:18:39,440  
like an an on-ramp away station

413  
00:18:43,610 --> 00:18:41,820

a holding Bay

414

00:18:45,350 --> 00:18:43,620

well I wouldn't call it a holding bait

415

00:18:46,270 --> 00:18:45,360

but it's a place of great movement yeah

416

00:18:51,409 --> 00:18:46,280

it's

417

00:18:54,650 --> 00:18:51,419

placeholder you're not going to hang out

418

00:18:58,549 --> 00:18:54,660

there if you get stuck there you find

419

00:19:02,150 --> 00:18:58,559

yourself in temporary unhappiness or

420

00:19:03,409 --> 00:19:02,160

temporary uh Joy but when you enjoy you

421

00:19:04,789 --> 00:19:03,419

usually sign right up into Fifth

422

00:19:08,930 --> 00:19:04,799

Dimension pretty quick

423

00:19:14,990 --> 00:19:08,940

and now let's go the other direction

424

00:19:20,690 --> 00:19:15,000

and 60 70 8D what's what's past 5D

425

00:19:24,409 --> 00:19:20,700

60 is a place where we have the energy

426  
00:19:25,730 --> 00:19:24,419  
of templates and it's where we go in the

427  
00:19:27,289 --> 00:19:25,740  
dream time

428  
00:19:30,409 --> 00:19:27,299  
um

429  
00:19:33,710 --> 00:19:30,419  
70 is a place of introspection and

430  
00:19:36,830 --> 00:19:33,720  
research 8D is the place we go to when

431  
00:19:38,810 --> 00:19:36,840  
we fall asleep while we're meditating

432  
00:19:43,430 --> 00:19:38,820  
and it's the last place we have a

433  
00:19:45,310 --> 00:19:43,440  
connection to our physical bodies so 80

434  
00:19:48,289 --> 00:19:45,320  
is

435  
00:19:52,070 --> 00:19:48,299  
the zone that has the last bit of

436  
00:19:55,070 --> 00:19:52,080  
connection and what I mean by that is

437  
00:19:58,190 --> 00:19:55,080  
there is so much uh there's such a big

438  
00:20:02,150 --> 00:19:58,850

um

439

00:20:05,029 --> 00:20:02,160

8D and 90 that

440

00:20:07,310 --> 00:20:05,039

we don't have the tools to understand it

441

00:20:09,650 --> 00:20:07,320

you know it's a lot like sometimes we

442

00:20:12,169 --> 00:20:09,660

hear stories about Communications with

443

00:20:14,810 --> 00:20:12,179

ETS and we can't comprehend what they're

444

00:20:17,270 --> 00:20:14,820

trying to tell us because we don't have

445

00:20:19,250 --> 00:20:17,280

the wherewithal or the knowledge or

446

00:20:20,630 --> 00:20:19,260

understanding or it's like a scientist

447

00:20:22,730 --> 00:20:20,640

trying to explain something to a first

448

00:20:26,409 --> 00:20:22,740

grader they don't have

449

00:20:28,490 --> 00:20:26,419

the capacity to to understand

450

00:20:32,090 --> 00:20:28,500

at their level

451  
00:20:32,930 --> 00:20:32,100  
because there's no point of connection

452  
00:20:34,630 --> 00:20:32,940  
um

453  
00:20:37,549 --> 00:20:34,640  
you know it's like

454  
00:20:39,110 --> 00:20:37,559  
when I was a kid going to McDonald's was

455  
00:20:40,549 --> 00:20:39,120  
you know the best thing we would be

456  
00:20:41,810 --> 00:20:40,559  
thrilled when our parents would say

457  
00:20:44,330 --> 00:20:41,820  
we're going out for dinner do you want

458  
00:20:45,529 --> 00:20:44,340  
us to go get McDonald's for you but if I

459  
00:20:48,110 --> 00:20:45,539  
was trying to impress somebody I

460  
00:20:49,669 --> 00:20:48,120  
wouldn't take them to McDonald's today

461  
00:20:53,630 --> 00:20:49,679  
so I don't have a taste for it anymore

462  
00:20:57,529 --> 00:20:54,950  
I don't even know the last time I've

463  
00:21:00,110 --> 00:20:57,539

been to McDonald's me neither

464

00:21:01,330 --> 00:21:00,120

I I have to it was with my kids though I

465

00:21:04,610 --> 00:21:01,340

can tell you

466

00:21:06,289 --> 00:21:04,620

I'm almost positive uh there were kids

467

00:21:11,110 --> 00:21:06,299

involved

468

00:21:14,990 --> 00:21:11,120

um now let's let's talk about meditation

469

00:21:18,650 --> 00:21:15,000

and and how to

470

00:21:21,049 --> 00:21:18,660

um how to get started uh that there are

471

00:21:22,789 --> 00:21:21,059

plenty of listeners right now that that

472

00:21:25,549 --> 00:21:22,799

already meditate and they know how to

473

00:21:29,149 --> 00:21:25,559

get to that point but if we're going to

474

00:21:31,190 --> 00:21:29,159

uh address uh those out there that have

475

00:21:34,010 --> 00:21:31,200

often wondered about this but never got

476

00:21:38,450 --> 00:21:34,020

the straight answers uh tonight's the

477

00:21:40,490 --> 00:21:38,460

show for you and then uh as we do this I

478

00:21:41,870 --> 00:21:40,500

want to talk about chakras I want to

479

00:21:44,510 --> 00:21:41,880

talk about the different points in your

480

00:21:47,350 --> 00:21:44,520

body and and what they mean

481

00:21:50,690 --> 00:21:47,360

um I I think again we hear it

482

00:21:52,850 --> 00:21:50,700

mentioned a lot in conversation and

483

00:21:58,070 --> 00:21:52,860

sometimes Maureen I'll step back and go

484

00:22:04,730 --> 00:22:02,270

it's where I'm like spot on and so it's

485

00:22:07,010 --> 00:22:04,740

it's just a strange zone so let's let's

486

00:22:09,529 --> 00:22:07,020

start there

487

00:22:12,350 --> 00:22:09,539

um there's a lot of people with monkey

488

00:22:16,070 --> 00:22:12,360

mind and I was one of them right I could

489

00:22:19,250 --> 00:22:16,080

not settle down so I wrote meditations

490

00:22:22,549 --> 00:22:19,260

that would walk me into that zone

491

00:22:25,970 --> 00:22:22,559

and let me say there

492

00:22:27,830 --> 00:22:25,980

um that's primarily how I began to

493

00:22:30,590 --> 00:22:27,840

meditate and it's still my preferred way

494

00:22:33,529 --> 00:22:30,600

I can sit and do quiet meditation I can

495

00:22:35,870 --> 00:22:33,539

sit and do vipassana but I prefer the

496

00:22:38,390 --> 00:22:35,880

guided meditations because I have a

497

00:22:41,450 --> 00:22:38,400

pretty strong mind and I want to be able

498

00:22:43,669 --> 00:22:41,460

to direct my energy in a very precise

499

00:22:46,370 --> 00:22:43,679

way I also land in the same place

500

00:22:47,930 --> 00:22:46,380

everybody else does at the end of that

501  
00:22:51,110 --> 00:22:47,940  
process because it puts you in a really

502  
00:22:53,029 --> 00:22:51,120  
high state but on the way up there I

503  
00:22:56,029 --> 00:22:53,039  
have something to work with

504  
00:22:58,669 --> 00:22:56,039  
okay what's a guided meditation

505  
00:23:01,250 --> 00:22:58,679  
a guided meditation is where someone a

506  
00:23:02,810 --> 00:23:01,260  
voice like me is telling you what to do

507  
00:23:04,970 --> 00:23:02,820  
and how to do it

508  
00:23:07,070 --> 00:23:04,980  
so in one of my meditations on

509  
00:23:08,930 --> 00:23:07,080  
manifestation it's I start out dance

510  
00:23:11,750 --> 00:23:08,940  
with me in the river of golden

511  
00:23:14,930 --> 00:23:11,760  
opportunity and then I proceed to take

512  
00:23:17,090 --> 00:23:14,940  
people through that process and this the

513  
00:23:20,510 --> 00:23:17,100

the meditations are really one of my

514

00:23:22,190 --> 00:23:20,520

bread and butter things and we just came

515

00:23:25,490 --> 00:23:22,200

out with an app

516

00:23:27,350 --> 00:23:25,500

that it's called illuminate and it's got

517

00:23:29,930 --> 00:23:27,360

all the meditations on it and we have

518

00:23:30,770 --> 00:23:29,940

six of them that are free the app is

519

00:23:33,169 --> 00:23:30,780

free

520

00:23:35,210 --> 00:23:33,179

if you want to get all of them you you

521

00:23:37,610 --> 00:23:35,220

know you buy in

522

00:23:38,870 --> 00:23:37,620

um but it's a wonderful way because you

523

00:23:41,450 --> 00:23:38,880

don't have to be on the internet to get

524

00:23:43,970 --> 00:23:41,460

the meditation sent yeah and you just

525

00:23:47,270 --> 00:23:43,980

launched the app uh we're getting ahead

526

00:23:49,970 --> 00:23:47,280

of ourselves uh I love this though

527

00:23:51,649 --> 00:23:49,980

um you just launched the app uh where

528

00:23:54,049 --> 00:23:51,659

can everybody find it at the App Store

529

00:23:57,789 --> 00:23:54,059

and what's that iTunes store and it's

530

00:24:04,610 --> 00:24:01,190

and apparently there's more than one

531

00:24:06,950 --> 00:24:04,620

called illuminate so you can

532

00:24:09,890 --> 00:24:06,960

add my name just Maureen is fine and

533

00:24:11,750 --> 00:24:09,900

it'll come right up and it's a purple

534

00:24:16,970 --> 00:24:11,760

box with a

535

00:24:20,210 --> 00:24:16,980

a curly Arrow and so it's really very

536

00:24:22,250 --> 00:24:20,220

distinctive once you see it

537

00:24:24,529 --> 00:24:22,260

um and so we're really excited about

538

00:24:26,810 --> 00:24:24,539

that and so going back to your idea of

539

00:24:28,850 --> 00:24:26,820

what is a guided meditation the guided

540

00:24:33,950 --> 00:24:28,860

meditation guides you through a process

541

00:24:37,310 --> 00:24:33,960

so that you get to participate in a very

542

00:24:40,490 --> 00:24:37,320

particular kind of Direction so the

543

00:24:43,130 --> 00:24:40,500

music is channeled the script is

544

00:24:47,450 --> 00:24:43,140

channeled and then it's all mixed I do

545

00:24:51,649 --> 00:24:47,460

all the mixing and uh put it into a

546

00:24:53,930 --> 00:24:51,659

format so that when you turn it on

547

00:24:56,029 --> 00:24:53,940

and close your eyes and put your feet on

548

00:24:57,470 --> 00:24:56,039

the floor you are good to go because it

549

00:24:59,510 --> 00:24:57,480

takes you right through it takes you

550

00:25:02,270 --> 00:24:59,520

right there there's all kinds of

551  
00:25:05,029 --> 00:25:02,280  
meditations there's a meditation for

552  
00:25:06,770 --> 00:25:05,039  
selling your home faster there's a

553  
00:25:11,450 --> 00:25:06,780  
meditation for cleaning your chronic

554  
00:25:14,750 --> 00:25:11,460  
tube there's a meditation for archangels

555  
00:25:17,570 --> 00:25:14,760  
um and it's just a big variety of things

556  
00:25:20,630 --> 00:25:17,580  
most of which have been because I've

557  
00:25:23,090 --> 00:25:20,640  
been asked certain questions or I've had

558  
00:25:25,090 --> 00:25:23,100  
a need and I sat down and wrote the

559  
00:25:26,630 --> 00:25:25,100  
material to make it happen

560  
00:25:28,669 --> 00:25:26,640  
how

561  
00:25:30,950 --> 00:25:28,679  
um uh I don't know actually I want to

562  
00:25:34,070 --> 00:25:30,960  
say guided for a second

563  
00:25:36,649 --> 00:25:34,080

um I was with some friends in Colorado a

564

00:25:39,769 --> 00:25:36,659

couple of months ago and and uh two

565

00:25:41,990 --> 00:25:39,779

female women uh that they are friends

566

00:25:43,990 --> 00:25:42,000

and and we're out to dinner

567

00:25:46,909 --> 00:25:44,000

and

568

00:25:51,289 --> 00:25:46,919

one of them

569

00:25:52,330 --> 00:25:51,299

was talking about the meditation that

570

00:25:55,250 --> 00:25:52,340

morning

571

00:25:59,529 --> 00:25:55,260

and now I'm not going to get into

572

00:26:02,570 --> 00:25:59,539

specifics about it but she said

573

00:26:04,370 --> 00:26:02,580

that uh it was her choice of what she

574

00:26:06,289 --> 00:26:04,380

wanted to eat for dinner that night and

575

00:26:08,149 --> 00:26:06,299

it had to do with the meditation earlier

576  
00:26:10,549 --> 00:26:08,159  
in the day anyway

577  
00:26:11,570 --> 00:26:10,559  
she was meditating for 60 minutes before

578  
00:26:14,930 --> 00:26:11,580  
work

579  
00:26:17,570 --> 00:26:14,940  
and and I said I thought

580  
00:26:21,049 --> 00:26:17,580  
I thought it'd be too much

581  
00:26:24,409 --> 00:26:21,059  
Minutes Alone with a guided meditation

582  
00:26:27,710 --> 00:26:24,419  
you've got somebody around you right but

583  
00:26:29,450 --> 00:26:27,720  
60 Minutes Alone is is does that sound

584  
00:26:31,310 --> 00:26:29,460  
normal

585  
00:26:33,169 --> 00:26:31,320  
um there are people who meditate for 60

586  
00:26:36,529 --> 00:26:33,179  
minutes or two hours or four hours

587  
00:26:39,710 --> 00:26:36,539  
certainly right um and and this thing

588  
00:26:42,049 --> 00:26:39,720

called vipassana that's sponsored by a

589

00:26:44,330 --> 00:26:42,059

certain kind of Buddhist tradition is

590

00:26:46,370 --> 00:26:44,340

where you go for five days and you

591

00:26:48,710 --> 00:26:46,380

that's all you do is meditate and you

592

00:26:50,390 --> 00:26:48,720

get simple meals and you're somebody

593

00:26:52,010 --> 00:26:50,400

coaching you through it and giving you

594

00:26:56,330 --> 00:26:52,020

some suggestions

595

00:26:58,370 --> 00:26:56,340

and it's only silent meditation

596

00:27:00,409 --> 00:26:58,380

but I'm like you I don't want to sit

597

00:27:02,269 --> 00:27:00,419

that long and I started out learning

598

00:27:06,110 --> 00:27:02,279

democava which only takes five minutes

599

00:27:09,649 --> 00:27:06,120

to do and it transformed my life so

600

00:27:13,970 --> 00:27:09,659

I I could see the merits of a guided

601  
00:27:17,630 --> 00:27:13,980  
meditation and the merkaba itself

602  
00:27:20,750 --> 00:27:17,640  
um is a little bit complicated so

603  
00:27:23,870 --> 00:27:20,760  
I wrote a guided meditation so that I

604  
00:27:25,610 --> 00:27:23,880  
would be able to give it to the students

605  
00:27:27,470 --> 00:27:25,620  
and they could play it for themselves

606  
00:27:28,070 --> 00:27:27,480  
like that

607  
00:27:30,590 --> 00:27:28,080  
um

608  
00:27:32,810 --> 00:27:30,600  
so so the guided meditation is very

609  
00:27:35,210 --> 00:27:32,820  
interesting in that a lot of the

610  
00:27:38,149 --> 00:27:35,220  
meditations I write are made in a very

611  
00:27:41,690 --> 00:27:38,159  
precise way for example I'll tell tell

612  
00:27:44,090 --> 00:27:41,700  
people about Archangel Michael who's the

613  
00:27:46,610 --> 00:27:44,100

Archangel on the first Ray in the will

614

00:27:48,049 --> 00:27:46,620

of God and he can help you with this and

615

00:27:50,390 --> 00:27:48,059

you can name what you want to work on

616

00:27:53,090 --> 00:27:50,400

and then I leave a space I actually

617

00:27:55,789 --> 00:27:53,100

pause with the music going and then I go

618

00:27:59,990 --> 00:27:55,799

on to the next Angel and and in this way

619

00:28:03,549 --> 00:28:00,000

people are able to infuse a guided

620

00:28:07,130 --> 00:28:03,559

meditation for marine with their

621

00:28:09,590 --> 00:28:07,140

specific need and so it's a form of a

622

00:28:12,409 --> 00:28:09,600

petition but it's more than that because

623

00:28:14,810 --> 00:28:12,419

it puts you in that quiet state in that

624

00:28:19,190 --> 00:28:14,820

lower state of

625

00:28:21,610 --> 00:28:19,200

contemplation and meditation

626

00:28:25,070 --> 00:28:21,620

now

627

00:28:26,870 --> 00:28:25,080

okay if you have something intentional I

628

00:28:30,769 --> 00:28:26,880

love the selling the you know something

629

00:28:33,289 --> 00:28:30,779

focused right I love that idea

630

00:28:36,350 --> 00:28:33,299

um when you're finished with the

631

00:28:38,630 --> 00:28:36,360

meditation is it something that is now

632

00:28:41,630 --> 00:28:38,640

with you subconsciously and that's the

633

00:28:45,970 --> 00:28:41,640

motivation and the guidance or is it

634

00:28:51,169 --> 00:28:48,890

it stays with you it does doesn't it

635

00:28:52,850 --> 00:28:51,179

yeah yeah and and of course there's some

636

00:28:54,710 --> 00:28:52,860

meditations we suggest you know why

637

00:28:56,690 --> 00:28:54,720

don't you do this for 45 days and see

638

00:28:58,310 --> 00:28:56,700

what happens

639

00:29:00,529 --> 00:28:58,320

um the one I was talking about earlier

640

00:29:01,730 --> 00:29:00,539

the meditation for manifestation the

641

00:29:03,950 --> 00:29:01,740

dancing in the river of golden

642

00:29:07,010 --> 00:29:03,960

opportunity right that came right from

643

00:29:10,490 --> 00:29:07,020

the records and the akashic records and

644

00:29:12,710 --> 00:29:10,500

when I got the information and my guides

645

00:29:15,470 --> 00:29:12,720

you know I was at a time when I was you

646

00:29:16,730 --> 00:29:15,480

know early early years I wasn't very

647

00:29:18,590 --> 00:29:16,740

well known and I was struggling

648

00:29:20,630 --> 00:29:18,600

financially

649

00:29:22,130 --> 00:29:20,640

I was told just keep dancing in the

650

00:29:25,190 --> 00:29:22,140

river gold Opportunity by my record

651  
00:29:26,029 --> 00:29:25,200  
Keepers it was my advice to me I mean my

652  
00:29:28,130 --> 00:29:26,039  
guidance

653  
00:29:30,529 --> 00:29:28,140  
through the records to me

654  
00:29:33,710 --> 00:29:30,539  
and I got a phone call from a from a pal

655  
00:29:36,769 --> 00:29:33,720  
who said she owned a oil

656  
00:29:39,049 --> 00:29:36,779  
um flower essence company and she says

657  
00:29:41,090 --> 00:29:39,059  
I'm in big trouble you know this Spa

658  
00:29:42,649 --> 00:29:41,100  
owes me six thousand another spot owes

659  
00:29:44,450 --> 00:29:42,659  
me five you know these other guys owe me

660  
00:29:48,289 --> 00:29:44,460  
ten I can't make my house payment

661  
00:29:49,789 --> 00:29:48,299  
they're going into uh collection I don't

662  
00:29:52,850 --> 00:29:49,799  
know what to do and I said well you know

663  
00:29:55,130 --> 00:29:52,860

I did this meditation earlier today and

664

00:29:56,630 --> 00:29:55,140

you want to try and run through it and

665

00:29:58,250 --> 00:29:56,640

we ran through it

666

00:30:01,250 --> 00:29:58,260

and she called me like two hours later

667

00:30:02,570 --> 00:30:01,260

she says this is amazing these people uh

668

00:30:03,769 --> 00:30:02,580

you know somebody called me and they

669

00:30:05,510 --> 00:30:03,779

said come over and we'll give you a

670

00:30:07,490 --> 00:30:05,520

check right away and it solved her

671

00:30:09,470 --> 00:30:07,500

immediate problem two weeks later she

672

00:30:11,930 --> 00:30:09,480

calls me same drama we do the same thing

673

00:30:13,370 --> 00:30:11,940

same results she calls me the next day

674

00:30:15,590 --> 00:30:13,380

and says you're not going to look at

675

00:30:18,409 --> 00:30:15,600

this but same thing happened you know so

676

00:30:21,950 --> 00:30:18,419

then I asked my guides okay so am I

677

00:30:24,289 --> 00:30:21,960

supposed to release this right right for

678

00:30:25,669 --> 00:30:24,299

everybody right right right at that

679

00:30:28,789 --> 00:30:25,679

point I thought it was just for me you

680

00:30:31,250 --> 00:30:28,799

see and so when I put out and I even

681

00:30:33,710 --> 00:30:31,260

last week one of one of my uh people

682

00:30:35,750 --> 00:30:33,720

said to me

683

00:30:37,909 --> 00:30:35,760

and if in a group you know as a big

684

00:30:40,250 --> 00:30:37,919

group of people and she said that

685

00:30:41,630 --> 00:30:40,260

dancing lyrical opportunity that's the

686

00:30:44,330 --> 00:30:41,640

deal when you start doing that

687

00:30:45,950 --> 00:30:44,340

everything shifts everything changes and

688

00:30:48,169 --> 00:30:45,960

so if you're worried about money spend

689

00:30:50,090 --> 00:30:48,179

nine dollars and get the meditation or

690

00:30:52,250 --> 00:30:50,100

it might be one of the free ones I don't

691

00:30:55,190 --> 00:30:52,260

remember now which ones are free so you

692

00:30:58,669 --> 00:30:56,570

um

693

00:31:00,430 --> 00:30:58,679

you know what I do

694

00:31:04,430 --> 00:31:00,440

this is what I do

695

00:31:06,549 --> 00:31:04,440

every first off I I I'm a bright ray of

696

00:31:10,490 --> 00:31:06,559

sunshine yes you are

697

00:31:14,389 --> 00:31:10,500

just the right way of sunshine but

698

00:31:17,570 --> 00:31:14,399

um any time the world and the universe

699

00:31:19,490 --> 00:31:17,580

comes back to me uh in a positive way

700

00:31:23,450 --> 00:31:19,500

I'm serious I just stop right there

701

00:31:25,370 --> 00:31:23,460

thank you thank you I do I do I do if uh

702

00:31:26,930 --> 00:31:25,380

now I do it when I'm alone I don't do it

703

00:31:29,450 --> 00:31:26,940

in the middle of a parking lot or in the

704

00:31:32,210 --> 00:31:29,460

middle of a store right or around around

705

00:31:37,730 --> 00:31:32,220

people uh I would look really strange

706

00:31:41,690 --> 00:31:37,740

but I I take the moment to to do that

707

00:31:44,510 --> 00:31:41,700

and to to give to and to recognize uh

708

00:31:47,750 --> 00:31:44,520

what the moment is always be positive

709

00:31:51,049 --> 00:31:47,760

always be thankful and and that's that's

710

00:31:53,330 --> 00:31:51,059

my vibe I the the universe and the

711

00:31:56,450 --> 00:31:53,340

connected the connectivity of the

712

00:32:02,810 --> 00:31:58,750

that's so true

713

00:32:04,130 --> 00:32:02,820

we are getting closer and closer to our

714

00:32:06,470 --> 00:32:04,140

awareness

715

00:32:11,389 --> 00:32:06,480

than we have ever been

716

00:32:14,510 --> 00:32:11,399

it's scary in some regards but more and

717

00:32:16,789 --> 00:32:14,520

more people are taking up the idea of

718

00:32:20,090 --> 00:32:16,799

meditation and they're taking up the

719

00:32:22,250 --> 00:32:20,100

idea that that will enhance their life

720

00:32:25,010 --> 00:32:22,260

and there's no all kinds of scientific

721

00:32:29,389 --> 00:32:25,020

studies that prove that

722

00:32:33,230 --> 00:32:29,399

so it gives everybody a chance to

723

00:32:35,389 --> 00:32:33,240

uh participate in whatever level they

724

00:32:37,490 --> 00:32:35,399

want if they want to

725

00:32:44,210 --> 00:32:37,500

how do we

726

00:32:47,389 --> 00:32:44,220

the negative people of the world that

727

00:32:49,250 --> 00:32:47,399

will say something like I mean there's

728

00:32:51,950 --> 00:32:49,260

all kinds of negativity around I'm not

729

00:32:55,549 --> 00:32:51,960

referring to that I'm referring to man

730

00:32:59,029 --> 00:32:55,559

if everybody doesn't Elevate the 5D this

731

00:33:01,930 --> 00:32:59,039

year I'm out right you know that kind of

732

00:33:05,750 --> 00:33:01,940

negativity where

733

00:33:07,850 --> 00:33:05,760

there's an expectation globally

734

00:33:11,090 --> 00:33:07,860

um and and I don't understand why you

735

00:33:12,710 --> 00:33:11,100

you can't just focus on the self

736

00:33:15,289 --> 00:33:12,720

um what do we do about that if you've

737

00:33:16,190 --> 00:33:15,299

got that kind of negativity around you

738

00:33:19,310 --> 00:33:16,200

yeah

739

00:33:22,250 --> 00:33:19,320

and I know you hear this well you and I

740

00:33:24,529 --> 00:33:22,260

have talked about this a lot yeah I

741

00:33:26,389 --> 00:33:24,539

think the thing to do is is just say hey

742

00:33:29,210 --> 00:33:26,399

man you know whatever rocks your boat

743

00:33:32,330 --> 00:33:29,220

whatever whatever floats your boat do it

744

00:33:36,350 --> 00:33:32,340

and it's not my reality if you want that

745

00:33:40,850 --> 00:33:36,360

go for it you know it's very interesting

746

00:33:43,970 --> 00:33:40,860

because one time I said to someone

747

00:33:48,950 --> 00:33:43,980

you know I Champion your right to hold

748

00:33:54,470 --> 00:33:51,889

and and it was like a game changer the

749

00:33:55,610 --> 00:33:54,480

person leaned into me and asked a

750

00:33:58,490 --> 00:33:55,620

question

751  
00:34:00,649 --> 00:33:58,500  
and you know then did his own

752  
00:34:03,710 --> 00:34:00,659  
interpretation about well does that mean

753  
00:34:05,450 --> 00:34:03,720  
this and this and it was so far off but

754  
00:34:08,030 --> 00:34:05,460  
it was closer than it would have been if

755  
00:34:10,790 --> 00:34:08,040  
he hadn't you know right I said yeah

756  
00:34:13,310 --> 00:34:10,800  
something like that because what I have

757  
00:34:14,869 --> 00:34:13,320  
figured out is when people notice you're

758  
00:34:16,609 --> 00:34:14,879  
different notice you're happy all the

759  
00:34:19,310 --> 00:34:16,619  
time or you're in a good mood most the

760  
00:34:22,250 --> 00:34:19,320  
time or you know things come your way

761  
00:34:23,810 --> 00:34:22,260  
and and things seem to work out

762  
00:34:26,149 --> 00:34:23,820  
you know they'll say you know what do

763  
00:34:28,430 --> 00:34:26,159

you eat or what what which how do you

764

00:34:30,649 --> 00:34:28,440

pull that off and the first time they

765

00:34:33,609 --> 00:34:30,659

asked they're just curious with their

766

00:34:35,570 --> 00:34:33,619

mind they're just trying to understand

767

00:34:38,930 --> 00:34:35,580

you're different

768

00:34:40,730 --> 00:34:38,940

and I wonder how he does that but when

769

00:34:42,530 --> 00:34:40,740

they so I always give them the short

770

00:34:44,690 --> 00:34:42,540

blow-off answer and then change the

771

00:34:46,550 --> 00:34:44,700

subject you know like oh well you know I

772

00:34:47,510 --> 00:34:46,560

I went to a meditation seminar last

773

00:34:50,210 --> 00:34:47,520

weekend

774

00:34:52,070 --> 00:34:50,220

and it was really good where are we

775

00:34:53,149 --> 00:34:52,080

going to go for lunch and it immediately

776

00:34:55,190 --> 00:34:53,159

shift

777

00:34:57,470 --> 00:34:55,200

that way takes the pressure off of them

778

00:34:58,970 --> 00:34:57,480

to ask more questions in case they were

779

00:35:01,010 --> 00:34:58,980

just curious

780

00:35:03,290 --> 00:35:01,020

when they asked a second time and that

781

00:35:05,990 --> 00:35:03,300

does happen sometimes it takes two days

782

00:35:07,790 --> 00:35:06,000

two weeks or two years

783

00:35:10,310 --> 00:35:07,800

when they ask the second time they're

784

00:35:13,010 --> 00:35:10,320

ready they've opened up their mind and

785

00:35:16,790 --> 00:35:13,020

their heart they're willing to consider

786

00:35:19,190 --> 00:35:16,800

changing so you know when when you have

787

00:35:22,130 --> 00:35:19,200

that opportunity to share with people

788

00:35:25,069 --> 00:35:22,140

don't jump at it take your time because

789

00:35:28,990 --> 00:35:25,079

you want people to want it otherwise

790

00:35:34,550 --> 00:35:31,849

now I've noticed

791

00:35:36,829 --> 00:35:34,560

um when you're speaking to a room full

792

00:35:39,530 --> 00:35:36,839

of people you're speaking to in a basic

793

00:35:43,250 --> 00:35:39,540

sense people that are ready they're

794

00:35:46,790 --> 00:35:43,260

focused their energy is right on you is

795

00:35:49,250 --> 00:35:46,800

it the same uh in China in Japan you

796

00:35:52,990 --> 00:35:49,260

know in Canada you know around the world

797

00:35:55,730 --> 00:35:53,000

is it that same focus and uh with with

798

00:35:58,430 --> 00:35:55,740

people that are ready

799

00:36:00,410 --> 00:35:58,440

yes and no

800

00:36:03,410 --> 00:36:00,420

um I've been doing a lot of classes on

801  
00:36:04,810 --> 00:36:03,420  
zoom in China because of the of the

802  
00:36:07,250 --> 00:36:04,820  
shutdown

803  
00:36:09,410 --> 00:36:07,260  
and uh every once in a while I get

804  
00:36:11,569 --> 00:36:09,420  
somebody who's got their phone on but

805  
00:36:14,510 --> 00:36:11,579  
you can see they're typing away or

806  
00:36:16,010 --> 00:36:14,520  
they're talking you know or worse they

807  
00:36:17,270 --> 00:36:16,020  
don't even have their camera on you know

808  
00:36:18,530 --> 00:36:17,280  
we do require that they have their

809  
00:36:20,930 --> 00:36:18,540  
camera on

810  
00:36:23,630 --> 00:36:20,940  
so sometimes I'll stop and I'll say

811  
00:36:25,849 --> 00:36:23,640  
um I did ask you to please put your

812  
00:36:28,550 --> 00:36:25,859  
attention on this piece and I don't do

813  
00:36:30,170 --> 00:36:28,560

it a lot because I don't want to I don't

814

00:36:31,910 --> 00:36:30,180

want to spend all my time correcting

815

00:36:35,930 --> 00:36:31,920

people

816

00:36:37,310 --> 00:36:35,940

pay attention for whatever reason

817

00:36:39,109 --> 00:36:37,320

because they've got something else going

818

00:36:40,310 --> 00:36:39,119

on

819

00:36:43,849 --> 00:36:40,320

um

820

00:36:45,589 --> 00:36:43,859

but you know in in these Zoom classes I

821

00:36:48,130 --> 00:36:45,599

have found that we're we're really

822

00:36:51,290 --> 00:36:48,140

compressed we're not we don't have time

823

00:36:55,069 --> 00:36:51,300

to you know flesh out all the details we

824

00:36:57,170 --> 00:36:55,079

focus on very important information and

825

00:36:59,750 --> 00:36:57,180

hope that that the layers and the

826

00:37:02,329 --> 00:36:59,760

nuances that are behind that come

827

00:37:04,670 --> 00:37:02,339

through but sometimes they don't and

828

00:37:06,890 --> 00:37:04,680

then we we um

829

00:37:08,630 --> 00:37:06,900

we handle it when we do the Q a at the

830

00:37:12,950 --> 00:37:08,640

end of this at the end of the event

831

00:37:15,170 --> 00:37:12,960

how bad is this uh as a distraction how

832

00:37:16,730 --> 00:37:15,180

how bad has it gotten

833

00:37:18,829 --> 00:37:16,740

uh

834

00:37:20,630 --> 00:37:18,839

well in the in the U.S it's not a

835

00:37:22,609 --> 00:37:20,640

problem at all I don't think but in

836

00:37:24,349 --> 00:37:22,619

China a lot of people that's the only

837

00:37:26,690 --> 00:37:24,359

device they have

838

00:37:28,310 --> 00:37:26,700

and they're taking the class on the

839

00:37:29,329 --> 00:37:28,320

phone so you know then they're not using

840

00:37:42,349 --> 00:37:29,339

it

841

00:37:43,390 --> 00:37:42,359

um how bad is this to a distraction of

842

00:37:46,690 --> 00:37:43,400

life

843

00:37:49,550 --> 00:37:46,700

and communication and relationships

844

00:37:51,550 --> 00:37:49,560

that's that's what I mean how how bad

845

00:37:55,310 --> 00:37:51,560

has it gotten

846

00:37:58,190 --> 00:37:55,320

uh in China you mean or anywhere just in

847

00:38:00,170 --> 00:37:58,200

in general well I think I think we've

848

00:38:03,170 --> 00:38:00,180

all come to the place especially from

849

00:38:05,030 --> 00:38:03,180

being in the shutdown position I think

850

00:38:07,730 --> 00:38:05,040

we've all come to the place that you

851

00:38:10,430 --> 00:38:07,740

know at dinner phones out of the

852

00:38:12,170 --> 00:38:10,440

question right and

853

00:38:14,630 --> 00:38:12,180

um people are understanding new rules

854

00:38:16,190 --> 00:38:14,640

like if you go for a walk with a partner

855

00:38:18,470 --> 00:38:16,200

one of your takes a phony everyone

856

00:38:21,230 --> 00:38:18,480

leaves the other in the car so there's

857

00:38:24,050 --> 00:38:21,240

all kinds of cool stuff the conventions

858

00:38:28,010 --> 00:38:24,060

that we've adapted to or adopted that

859

00:38:31,370 --> 00:38:28,020

help us be less on the phone the other

860

00:38:34,490 --> 00:38:31,380

thing is people are starting to realize

861

00:38:36,890 --> 00:38:34,500

this thing isn't

862

00:38:39,470 --> 00:38:36,900

you know it it isn't just to be on

863

00:38:42,410 --> 00:38:39,480

end-all and we know people who've who've

864

00:38:43,790 --> 00:38:42,420

gotten brain cancer or breast cancer

865

00:38:45,650 --> 00:38:43,800

because they were tucking the phone in

866

00:38:47,270 --> 00:38:45,660

their bra you know and all of a sudden

867

00:38:49,010 --> 00:38:47,280

you're realizing

868

00:38:51,109 --> 00:38:49,020

oh maybe I don't need to be carrying

869

00:38:54,410 --> 00:38:51,119

that thing all around all the time

870

00:38:55,910 --> 00:38:54,420

yeah I purposely leave my phone in

871

00:38:58,849 --> 00:38:55,920

another room

872

00:39:02,630 --> 00:38:58,859

every chance I get so when I go to meals

873

00:39:05,450 --> 00:39:02,640

phone isn't there when I go to bed I

874

00:39:08,150 --> 00:39:05,460

don't have the phone unless I have a 3

875

00:39:09,770 --> 00:39:08,160

30 a.m wake-up call and then that's

876

00:39:13,370 --> 00:39:09,780

another matter you know because I want

877

00:39:19,970 --> 00:39:17,089

um uh uh I have

878

00:39:23,390 --> 00:39:19,980

I I do this just to watch somebody's

879

00:39:24,230 --> 00:39:23,400

face okay this is what I do worried I'll

880

00:39:27,170 --> 00:39:24,240

go

881

00:39:29,870 --> 00:39:27,180

you know what's great about you know is

882

00:39:31,550 --> 00:39:29,880

somebody wants to know about being a

883

00:39:34,490 --> 00:39:31,560

host and doing this every night and how

884

00:39:38,810 --> 00:39:34,500

cool it is and and I'll give them the

885

00:39:46,069 --> 00:39:41,569

I don't get to talk on the phone

886

00:39:48,050 --> 00:39:46,079

for three hours a night I just talk to

887

00:39:50,470 --> 00:39:48,060

another human being

888

00:39:53,569 --> 00:39:50,480

and I've been doing that for 10 years

889

00:39:55,130 --> 00:39:53,579

you think you can put the phone down for

890

00:39:58,550 --> 00:39:55,140

three hours

891

00:40:02,109 --> 00:39:58,560

it just just watch their face like nah

892

00:40:05,030 --> 00:40:02,119

man no no no no no radio's not for me

893

00:40:09,650 --> 00:40:05,040

but I have I have grown as a person

894

00:40:12,130 --> 00:40:09,660

because of that but I actually sit and

895

00:40:15,530 --> 00:40:12,140

and and and and have a conversation

896

00:40:18,710 --> 00:40:15,540

without distraction for three hours uh

897

00:40:21,050 --> 00:40:18,720

today I did it for uh probably eight

898

00:40:23,510 --> 00:40:21,060

seven hours today I did four shows it's

899

00:40:25,609 --> 00:40:23,520

my fourth show today

900

00:40:28,569 --> 00:40:25,619

um if you know what I mean there's no

901  
00:40:32,030 --> 00:40:28,579  
phones involved it's just a conversation

902  
00:40:35,210 --> 00:40:32,040  
and it's a weird suggestion to people to

903  
00:40:37,069 --> 00:40:35,220  
watch their fan uh We've grown too

904  
00:40:38,510 --> 00:40:37,079  
attached to it now and especially the

905  
00:40:41,990 --> 00:40:38,520  
kids

906  
00:40:43,550 --> 00:40:42,000  
it sounds like you've learned to rely

907  
00:40:52,730 --> 00:40:43,560  
on

908  
00:40:54,550 --> 00:40:52,740  
and who did I learn that from

909  
00:40:56,630 --> 00:40:54,560  
who did I

910  
00:41:01,370 --> 00:40:56,640  
and and see

911  
00:41:03,170 --> 00:41:01,380  
but but uh uh here's the thing

912  
00:41:05,810 --> 00:41:03,180  
um and we're gonna spend some more time

913  
00:41:09,290 --> 00:41:05,820

uh on this after the break which is in

914

00:41:17,690 --> 00:41:12,770

the akashic records

915

00:41:26,950 --> 00:41:23,890

if math and particles do their thing

916

00:41:31,069 --> 00:41:26,960

then therefore

917

00:41:34,190 --> 00:41:31,079

everything is determined

918

00:41:37,130 --> 00:41:34,200

now stay with me

919

00:41:39,470 --> 00:41:37,140

that is an elimination of Free Will Free

920

00:41:41,930 --> 00:41:39,480

Will is an illusion

921

00:41:45,650 --> 00:41:41,940

and that's on the scientific side that

922

00:41:48,170 --> 00:41:45,660

that that atheist you know chemical

923

00:41:51,470 --> 00:41:48,180

pragmatic scientific way of looking at

924

00:41:56,510 --> 00:41:51,480

things and then we have the akashic

925

00:41:58,790 --> 00:41:56,520

records and we have uh Free Will and

926  
00:42:03,349 --> 00:41:58,800  
going into the records and revealing

927  
00:42:04,430 --> 00:42:03,359  
them and potentially altering uh our our

928  
00:42:10,450 --> 00:42:04,440  
path

929  
00:42:13,790 --> 00:42:10,460  
right but but can the two coexist

930  
00:42:15,829 --> 00:42:13,800  
or you know can you have a determined

931  
00:42:16,849 --> 00:42:15,839  
scientific world and still have free

932  
00:42:18,109 --> 00:42:16,859  
will

933  
00:42:20,930 --> 00:42:18,119  
and

934  
00:42:25,490 --> 00:42:20,940  
um if if the akashic records are there

935  
00:42:28,250 --> 00:42:25,500  
and they're a record how is it possible

936  
00:42:31,010 --> 00:42:28,260  
to alter it

937  
00:42:33,530 --> 00:42:31,020  
so uh and if you're altering it you know

938  
00:42:35,510 --> 00:42:33,540

I've just I've given this way too much

939

00:42:37,670 --> 00:42:35,520

thought but I need you to help me

940

00:42:39,710 --> 00:42:37,680

understand what's going on well you know

941

00:42:43,550 --> 00:42:39,720

I I thought about this a lot too because

942

00:42:47,270 --> 00:42:43,560

I wondered if we could read the records

943

00:42:51,230 --> 00:42:47,280

how we could know something about a

944

00:42:53,630 --> 00:42:51,240

potential future and when I asked in the

945

00:42:57,710 --> 00:42:53,640

records about this what it was explained

946

00:43:00,349 --> 00:42:57,720

to me is we have potential Futures and

947

00:43:02,510 --> 00:43:00,359

and I'm not so sure science says what

948

00:43:06,290 --> 00:43:02,520

you just said because you know the

949

00:43:09,290 --> 00:43:06,300

Schrodinger cat argument the double slit

950

00:43:13,970 --> 00:43:09,300

argument all of those discussions lead

951  
00:43:17,510 --> 00:43:13,980  
to a possibility that the Observer is

952  
00:43:19,609 --> 00:43:17,520  
the determinating factor not a set thing

953  
00:43:22,250 --> 00:43:19,619  
now that's let me stop you right there

954  
00:43:25,550 --> 00:43:22,260  
that was brilliant and let me tell you

955  
00:43:27,290 --> 00:43:25,560  
why that's brilliant because

956  
00:43:29,210 --> 00:43:27,300  
um the the physicists the quantum

957  
00:43:31,849 --> 00:43:29,220  
physicist right doesn't want to talk

958  
00:43:33,890 --> 00:43:31,859  
about Consciousness or the possibility

959  
00:43:36,890 --> 00:43:33,900  
of life after death or they don't want

960  
00:43:38,150 --> 00:43:36,900  
to talk about they no no no no no right

961  
00:43:40,130 --> 00:43:38,160  
um but yet

962  
00:43:41,210 --> 00:43:40,140  
they will talk about the double slit

963  
00:43:42,950 --> 00:43:41,220

experiment they will talk about

964

00:43:45,050 --> 00:43:42,960

Schrodinger's Cat and they will say you

965

00:43:46,910 --> 00:43:45,060

can change something by just looking at

966

00:43:50,569 --> 00:43:46,920

it it's like they want to have it both

967

00:43:58,130 --> 00:43:53,030

with that you can't have Schrodinger's

968

00:44:06,470 --> 00:44:03,829

so so as we look at this we can see that

969

00:44:09,290 --> 00:44:06,480

every time you make a decision you

970

00:44:11,450 --> 00:44:09,300

bifurcate on your timeline and there's

971

00:44:13,910 --> 00:44:11,460

an alternate timeline that is making

972

00:44:15,650 --> 00:44:13,920

another decision whether you know like

973

00:44:17,690 --> 00:44:15,660

say when people decide where they're

974

00:44:20,809 --> 00:44:17,700

going to go to college and they're

975

00:44:23,750 --> 00:44:20,819

looking at two schools and they choose

976

00:44:25,550 --> 00:44:23,760

one they're in this first one for you

977

00:44:28,370 --> 00:44:25,560

know two three months they realize it's

978

00:44:29,990 --> 00:44:28,380

the wrong choice they back up and they

979

00:44:32,450 --> 00:44:30,000

go to the other one it's still the

980

00:44:33,890 --> 00:44:32,460

energy is still there if they wait too

981

00:44:35,690 --> 00:44:33,900

long the Energy's gone they'd have to

982

00:44:39,109 --> 00:44:35,700

start over and reapply

983

00:44:43,190 --> 00:44:39,119

so it's similar in that when we make a

984

00:44:47,930 --> 00:44:43,200

choice depending upon how much waffling

985

00:44:50,870 --> 00:44:47,940

we do that dictates how much energy is

986

00:44:54,950 --> 00:44:50,880

being given to the choice we didn't take

987

00:44:57,530 --> 00:44:54,960

for example when a couple splits up and

988

00:45:00,650 --> 00:44:57,540

they both feel guilty about what they

989

00:45:02,990 --> 00:45:00,660

did wrong that blew up the marriage

990

00:45:05,569 --> 00:45:03,000

or their relationship whatever it is

991

00:45:08,150 --> 00:45:05,579

they ruminate about that the more they

992

00:45:10,490 --> 00:45:08,160

struggle with their part or their guilt

993

00:45:13,190 --> 00:45:10,500

feelings or their regret the more

994

00:45:15,589 --> 00:45:13,200

they're feeding that

995

00:45:18,349 --> 00:45:15,599

alternate version

996

00:45:22,550 --> 00:45:18,359

that wants to continue

997

00:45:26,329 --> 00:45:22,560

so I I've had clients who've told me

998

00:45:27,770 --> 00:45:26,339

stories of of like two different cases

999

00:45:30,050 --> 00:45:27,780

that I can think of right off the top of

1000

00:45:32,569 --> 00:45:30,060

my head where the woman was having

1001  
00:45:35,510 --> 00:45:32,579  
dreams about an ex-boyfriend even though

1002  
00:45:38,990 --> 00:45:35,520  
she was happily married for four five

1003  
00:45:40,849 --> 00:45:39,000  
ten years to her current husband um and

1004  
00:45:44,270 --> 00:45:40,859  
in the record they say the same thing

1005  
00:45:47,630 --> 00:45:44,280  
they say well the guy that that you

1006  
00:45:49,430 --> 00:45:47,640  
broke up with is having regrets maybe he

1007  
00:45:53,809 --> 00:45:49,440  
was in a relationship and it didn't work

1008  
00:45:55,790 --> 00:45:53,819  
out and he realizes he needs to he wants

1009  
00:45:58,870 --> 00:45:55,800  
to have what he had with you another

1010  
00:46:02,829 --> 00:45:58,880  
thing that happens that causes regret is

1011  
00:46:06,349 --> 00:46:02,839  
recognizing that you committed something

1012  
00:46:09,470 --> 00:46:06,359  
that caused your split

1013  
00:46:11,630 --> 00:46:09,480

and you want to make sure you don't let

1014

00:46:13,010 --> 00:46:11,640

it happen again but you'd really like

1015

00:46:15,410 --> 00:46:13,020

another chance with the person that you

1016

00:46:20,870 --> 00:46:15,420

mess up with so those kinds of things

1017

00:46:24,410 --> 00:46:20,880

happen and we get stuck in a

1018

00:46:25,790 --> 00:46:24,420

Loop so to speak and it's that Loop that

1019

00:46:27,829 --> 00:46:25,800

people create

1020

00:46:31,069 --> 00:46:27,839

that causes

1021

00:46:34,790 --> 00:46:31,079

these alternate timelines to exist now

1022

00:46:35,809 --> 00:46:34,800

as we move to 5D we're actually bringing

1023

00:46:37,130 --> 00:46:35,819

back

1024

00:46:54,829 --> 00:46:37,140

the

1025

00:46:55,910 --> 00:46:54,839

and this gets crazy I had a guy

1026

00:46:59,089 --> 00:46:55,920

um

1027

00:47:02,809 --> 00:46:59,099

I I want to be careful how I wear this

1028

00:47:05,809 --> 00:47:02,819

we sold a company that we had started

1029

00:47:07,670 --> 00:47:05,819

and we were supposed to be 50 50. and

1030

00:47:09,589 --> 00:47:07,680

instead his wife got a new kitchen and I

1031

00:47:13,010 --> 00:47:09,599

got 250 dollars

1032

00:47:15,190 --> 00:47:13,020

and a few years later after I'd done my

1033

00:47:18,950 --> 00:47:15,200

own work on it you know getting over it

1034

00:47:20,930 --> 00:47:18,960

I realized uh that it was fine and it

1035

00:47:22,550 --> 00:47:20,940

didn't matter and then I had an

1036

00:47:23,990 --> 00:47:22,560

experience where we were practicing eye

1037

00:47:25,849 --> 00:47:24,000

to eye I'm sure you've done this where

1038

00:47:28,490 --> 00:47:25,859

you look someone in the eye and you wait

1039

00:47:30,770 --> 00:47:28,500

till their face morphs and then you see

1040

00:47:33,530 --> 00:47:30,780

something new or something different and

1041

00:47:35,089 --> 00:47:33,540

I saw this this my partner saw the guy

1042

00:47:38,870 --> 00:47:35,099

on my face

1043

00:47:41,329 --> 00:47:38,880

and he had a distinctive facial Mark so

1044

00:47:43,730 --> 00:47:41,339

it was definitely him and I asked in

1045

00:47:46,069 --> 00:47:43,740

meditation what the heck you know he's

1046

00:47:48,650 --> 00:47:46,079

not even in my world anymore I'm not mad

1047

00:47:50,150 --> 00:47:48,660

about it anymore I've gotten over the

1048

00:47:52,970 --> 00:47:50,160

drama

1049

00:47:54,230 --> 00:47:52,980

and I was told that guy was another

1050

00:47:57,650 --> 00:47:54,240

version of me

1051  
00:47:59,750 --> 00:47:57,660  
so that guy that that got the Lion's

1052  
00:48:00,770 --> 00:47:59,760  
Share of the money that I you know my

1053  
00:48:02,089 --> 00:48:00,780  
half

1054  
00:48:06,710 --> 00:48:02,099  
uh

1055  
00:48:10,550 --> 00:48:06,720  
that means I stole from me is that theft

1056  
00:48:12,230 --> 00:48:10,560  
okay but how do you release that right I

1057  
00:48:13,430 --> 00:48:12,240  
thought it was hilarious I know I

1058  
00:48:16,430 --> 00:48:13,440  
thought it was even funnier because

1059  
00:48:19,790 --> 00:48:16,440  
right right right if if I'm him and he's

1060  
00:48:25,250 --> 00:48:22,690  
but did your bank account benefit

1061  
00:48:26,690 --> 00:48:25,260  
I was you know I was doing okay at that

1062  
00:48:30,890 --> 00:48:26,700  
point so it didn't matter it didn't

1063  
00:48:33,470 --> 00:48:30,900

matter but but there's a there's a is

1064

00:48:36,710 --> 00:48:33,480

there another workaround

1065

00:48:38,450 --> 00:48:36,720

um like for instance instead of feeling

1066

00:48:41,170 --> 00:48:38,460

guilty or thinking about yourself and

1067

00:48:44,930 --> 00:48:41,180

what you did wrong why not think about

1068

00:48:46,430 --> 00:48:44,940

the other person's bad moves and the

1069

00:48:49,309 --> 00:48:46,440

things that they did wrong and think

1070

00:48:51,770 --> 00:48:49,319

about think about the bad stuff instead

1071

00:48:53,750 --> 00:48:51,780

of thinking about the good times think

1072

00:48:57,530 --> 00:48:53,760

about the bad times and maybe you can

1073

00:49:01,309 --> 00:48:57,540

shut it out is is that an alternative uh

1074

00:49:04,130 --> 00:49:01,319

uh workaround I wouldn't recommend it

1075

00:49:07,849 --> 00:49:04,140

and the reason is because

1076  
00:49:10,849 --> 00:49:07,859  
that says I'm a victim that says poor me

1077  
00:49:13,430 --> 00:49:10,859  
that says I I hooked up with the bad

1078  
00:49:16,730 --> 00:49:13,440  
person what was I thinking you know it

1079  
00:49:18,230 --> 00:49:16,740  
still comes back on me so at the end of

1080  
00:49:20,329 --> 00:49:18,240  
the day I'd rather just figure out what

1081  
00:49:23,150 --> 00:49:20,339  
I did wrong and not do it again

1082  
00:49:26,089 --> 00:49:23,160  
um you know I I can actually remember a

1083  
00:49:28,010 --> 00:49:26,099  
time when I said to myself

1084  
00:49:30,410 --> 00:49:28,020  
I didn't spend enough time with this guy

1085  
00:49:33,290 --> 00:49:30,420  
and I wish I had spent more time with

1086  
00:49:35,150 --> 00:49:33,300  
him but it's too late it's gone

1087  
00:49:36,230 --> 00:49:35,160  
uh next time I'm involved in a

1088  
00:49:37,550 --> 00:49:36,240

relationship I'm going to hire a

1089

00:49:38,809 --> 00:49:37,560

housekeeper because you know I have a

1090

00:49:41,630 --> 00:49:38,819

lot going on

1091

00:49:44,450 --> 00:49:41,640

and the next thought was I'm not waiting

1092

00:49:49,190 --> 00:49:44,460

I'm hire a housekeeper now and it was it

1093

00:49:51,410 --> 00:49:49,200

was funny you know so I think that when

1094

00:49:55,670 --> 00:49:51,420

we start to see

1095

00:49:58,609 --> 00:49:55,680

in ourselves what we are doing wrong

1096

00:50:01,550 --> 00:49:58,619

we get to do it

1097

00:50:02,750 --> 00:50:01,560

right get that opportunity because we've

1098

00:50:08,870 --> 00:50:02,760

got it

1099

00:50:10,970 --> 00:50:08,880

Maureen to do the wrong thing why is

1100

00:50:13,690 --> 00:50:10,980

that so why can't doing the wrong thing

1101

00:50:17,210 --> 00:50:13,700

be more difficult

1102

00:50:18,710 --> 00:50:17,220

in 5D it won't even happen so you

1103

00:50:20,870 --> 00:50:18,720

understand what I'm saying you know

1104

00:50:23,510 --> 00:50:20,880

doing doing the right thing is work

1105

00:50:26,089 --> 00:50:23,520

gotta work at it

1106

00:50:27,770 --> 00:50:26,099

um and you want good grades you've got

1107

00:50:29,990 --> 00:50:27,780

to you've got to put in you've got to do

1108

00:50:32,569 --> 00:50:30,000

the homework you want bad grades that's

1109

00:50:33,950 --> 00:50:32,579

easy right just Goof Off don't do your

1110

00:50:37,430 --> 00:50:33,960

homework

1111

00:50:39,470 --> 00:50:37,440

um why why is it just so hard uh for

1112

00:50:42,430 --> 00:50:39,480

people to do the right thing

1113

00:50:45,530 --> 00:50:42,440

well part of it is that we're being fed

1114

00:50:49,970 --> 00:50:45,540

garbage we're being fed

1115

00:50:53,870 --> 00:50:49,980

um energy on the airwaves and the cell

1116

00:50:55,069 --> 00:50:53,880

phones and the Wi-Fi that tells us to

1117

00:50:56,990 --> 00:50:55,079

reject

1118

00:51:00,890 --> 00:50:57,000

things that are put in front of us that

1119

00:51:04,010 --> 00:51:00,900

are obvious and to forget uh

1120

00:51:06,290 --> 00:51:04,020

what we've learned so even if we've

1121

00:51:08,569 --> 00:51:06,300

learned something we forget

1122

00:51:10,430 --> 00:51:08,579

um and it is hard I I think your point

1123

00:51:13,010 --> 00:51:10,440

is well taken it is hard to make the

1124

00:51:16,549 --> 00:51:13,020

higher and best choice and it does take

1125

00:51:20,930 --> 00:51:16,559

an act of will but the thing is in this

1126  
00:51:23,270 --> 00:51:20,940  
era at this time when we decide and it

1127  
00:51:27,670 --> 00:51:23,280  
is a decision it is actually a choice

1128  
00:51:32,630 --> 00:51:27,680  
when we make the choice to

1129  
00:51:35,270 --> 00:51:32,640  
be a certain way to stop you know

1130  
00:51:38,270 --> 00:51:35,280  
screaming about something or to stop

1131  
00:51:40,849 --> 00:51:38,280  
complaining about something when we step

1132  
00:51:43,670 --> 00:51:40,859  
into that as a habit

1133  
00:51:46,670 --> 00:51:43,680  
we notice and we can stop

1134  
00:51:49,730 --> 00:51:46,680  
and that's how we change because we've

1135  
00:51:51,109 --> 00:51:49,740  
made a choice in our mental body

1136  
00:51:54,650 --> 00:51:51,119  
to stop

1137  
00:51:57,349 --> 00:51:54,660  
and that choice is supported by the rest

1138  
00:51:59,089 --> 00:51:57,359

of our Consciousness and of course if

1139

00:52:01,490 --> 00:51:59,099

you believe in angels you can ask the

1140

00:52:04,430 --> 00:52:01,500

angels to help you

1141

00:52:06,470 --> 00:52:04,440

and they will they'll remind you when

1142

00:52:08,270 --> 00:52:06,480

you're not telling the truth or when

1143

00:52:10,370 --> 00:52:08,280

you're behaving in a way that you're

1144

00:52:12,109 --> 00:52:10,380

trying to fix and then there's all kinds

1145

00:52:15,650 --> 00:52:12,119

of tools that people can use you know

1146

00:52:18,950 --> 00:52:15,660

lots of alternative tools that will help

1147

00:52:21,170 --> 00:52:18,960

people shift and change in an instant

1148

00:52:22,970 --> 00:52:21,180

and move out of their behaviors you know

1149

00:52:25,849 --> 00:52:22,980

one of the biggest reasons people stick

1150

00:52:27,710 --> 00:52:25,859

with their bad behaviors is because that

1151  
00:52:30,530 --> 00:52:27,720  
was the workaround that they created

1152  
00:52:33,170 --> 00:52:30,540  
when they were a child you're you're in

1153  
00:52:35,510 --> 00:52:33,180  
a situation with your parents and you

1154  
00:52:37,670 --> 00:52:35,520  
have a dad that comes home drunk so you

1155  
00:52:39,890 --> 00:52:37,680  
figure out that it's better to hide when

1156  
00:52:41,390 --> 00:52:39,900  
he gets home so you don't get beaten so

1157  
00:52:43,250 --> 00:52:41,400  
now you're happily married you love your

1158  
00:52:45,650 --> 00:52:43,260  
wife but she's kind of flamboyant she's

1159  
00:52:48,650 --> 00:52:45,660  
excitable and whenever she starts

1160  
00:52:50,690 --> 00:52:48,660  
talking in a very fast or loud way you

1161  
00:52:52,250 --> 00:52:50,700  
bail I gotta go to the library I need to

1162  
00:52:54,370 --> 00:52:52,260  
do this I need to run to the store and

1163  
00:52:58,609 --> 00:52:54,380

you take off you're now in counseling

1164

00:52:59,809 --> 00:52:58,619

the issue is presented in a sane way you

1165

00:53:02,569 --> 00:52:59,819

agree yeah

1166

00:53:04,370 --> 00:53:02,579

I I get it that I'm doing that I get it

1167

00:53:06,470 --> 00:53:04,380

that that's harmful

1168

00:53:08,510 --> 00:53:06,480

I'll try really hard not to do that next

1169

00:53:11,569 --> 00:53:08,520

time next time it happens same darn

1170

00:53:13,670 --> 00:53:11,579

thing because as a default we created a

1171

00:53:17,630 --> 00:53:13,680

program that says the way to be safe

1172

00:53:20,569 --> 00:53:17,640

when things get intense is to hide

1173

00:53:22,790 --> 00:53:20,579

when you do this kind of work and I do

1174

00:53:24,950 --> 00:53:22,800

this in a project called Quantum Matrix

1175

00:53:26,510 --> 00:53:24,960

healing it is a healing modality that I

1176  
00:53:29,329 --> 00:53:26,520  
have

1177  
00:53:31,970 --> 00:53:29,339  
that modality then in an instant takes

1178  
00:53:33,470 --> 00:53:31,980  
you out of that program and into a

1179  
00:53:34,730 --> 00:53:33,480  
program that you've created with your

1180  
00:53:41,210 --> 00:53:34,740  
higher self

1181  
00:53:45,530 --> 00:53:41,870  
um

1182  
00:53:47,750 --> 00:53:45,540  
one time when I was the CEO of a

1183  
00:53:52,010 --> 00:53:47,760  
conventional Visitors Bureau

1184  
00:53:53,990 --> 00:53:52,020  
I had a boss who was very kind

1185  
00:53:55,609 --> 00:53:54,000  
but patronizing

1186  
00:53:56,930 --> 00:53:55,619  
and we were talking about going to a

1187  
00:53:59,329 --> 00:53:56,940  
city council meeting and I'm trying to

1188  
00:54:00,829 --> 00:53:59,339

get him to go he's the chairman of the

1189

00:54:03,230 --> 00:54:00,839

board and he's thinking I should go

1190

00:54:05,329 --> 00:54:03,240

because I'm the paid staffer

1191

00:54:09,049 --> 00:54:05,339

and he said oh well you have little kids

1192

00:54:12,770 --> 00:54:09,059

you can't go uh we'll send so and so

1193

00:54:14,569 --> 00:54:12,780

and I looked at him and said well

1194

00:54:15,790 --> 00:54:14,579

that was a little below the belt don't

1195

00:54:19,609 --> 00:54:15,800

you think

1196

00:54:22,190 --> 00:54:19,619

now earlier when I had that same

1197

00:54:24,190 --> 00:54:22,200

scenario I was saying well you shouldn't

1198

00:54:26,150 --> 00:54:24,200

be saying anything about my kids

1199

00:54:28,609 --> 00:54:26,160

don't bring my kids into this

1200

00:54:30,710 --> 00:54:28,619

conversation but I knew in my heart he

1201  
00:54:32,750 --> 00:54:30,720  
wouldn't say that to a man

1202  
00:54:35,150 --> 00:54:32,760  
so there was this little part of me that

1203  
00:54:36,290 --> 00:54:35,160  
was jealous that guys got all the good

1204  
00:54:37,790 --> 00:54:36,300  
stuff

1205  
00:54:40,430 --> 00:54:37,800  
and so

1206  
00:54:41,690 --> 00:54:40,440  
I did this session this Quantum Matrix

1207  
00:54:44,630 --> 00:54:41,700  
healing work

1208  
00:54:46,430 --> 00:54:44,640  
and instead of having what was in me was

1209  
00:54:48,230 --> 00:54:46,440  
an angry little boy because the boys got

1210  
00:54:49,370 --> 00:54:48,240  
all the good stuff and there's a story

1211  
00:54:50,690 --> 00:54:49,380  
behind that

1212  
00:54:53,750 --> 00:54:50,700  
and

1213  
00:54:59,290 --> 00:54:53,760

in the process I created with my higher

1214

00:55:03,470 --> 00:54:59,300

self-help a man in me who was balanced

1215

00:55:05,750 --> 00:55:03,480

so when the man said something that was

1216

00:55:07,069 --> 00:55:05,760

not really

1217

00:55:07,809 --> 00:55:07,079

level

1218

00:55:11,569 --> 00:55:07,819

um

1219

00:55:14,390 --> 00:55:11,579

I responded man to man that was below

1220

00:55:16,730 --> 00:55:14,400

the belt women don't say that phrase

1221

00:55:18,829 --> 00:55:16,740

and he got it he never did that to me

1222

00:55:20,990 --> 00:55:18,839

again never undermined Me by referring

1223

00:55:22,670 --> 00:55:21,000

to my children again

1224

00:55:27,309 --> 00:55:22,680

that's strong

1225

00:55:30,710 --> 00:55:27,319

strong I hope everybody understood

1226

00:55:34,250 --> 00:55:30,720

uh exactly uh the scenario I mean that's

1227

00:55:36,589 --> 00:55:34,260

strong there I I'll tell you you brought

1228

00:55:38,870 --> 00:55:36,599

up Egypt earlier

1229

00:55:43,370 --> 00:55:38,880

that would have probably wouldn't have

1230

00:55:49,190 --> 00:55:45,650

in ancient Egypt I probably wouldn't

1231

00:55:53,930 --> 00:55:49,200

have been doing what I was doing that

1232

00:55:57,710 --> 00:55:55,849

the back story and some of your

1233

00:56:00,589 --> 00:55:57,720

listeners may want to hear this the back

1234

00:56:03,349 --> 00:56:00,599

story was a couple of days later I asked

1235

00:56:05,930 --> 00:56:03,359

to be shown what caused me to create the

1236

00:56:08,450 --> 00:56:05,940

angry little boy and the answer was I

1237

00:56:10,790 --> 00:56:08,460

was from a farm family the boys drove

1238

00:56:12,530 --> 00:56:10,800

the tractors but the girls never did the

1239

00:56:14,990 --> 00:56:12,540

girls did dishes after dinner but the

1240

00:56:16,730 --> 00:56:15,000

boys never did and I don't know that I

1241

00:56:19,190 --> 00:56:16,740

logically figured that out I just know

1242

00:56:20,930 --> 00:56:19,200

that I was climbing a tree my dad was

1243

00:56:22,309 --> 00:56:20,940

coming along and I thought I'm gonna

1244

00:56:24,470 --> 00:56:22,319

come the tree and show them how good I

1245

00:56:26,630 --> 00:56:24,480

am so I went even higher

1246

00:56:28,490 --> 00:56:26,640

he comes along and says honey you need

1247

00:56:30,290 --> 00:56:28,500

to get down from there and I said why

1248

00:56:32,990 --> 00:56:30,300

and he said well I don't want you to get

1249

00:56:35,990 --> 00:56:33,000

hurt and I said yeah but my brothers are

1250

00:56:40,030 --> 00:56:36,000

here all the time and he said yes but

1251  
00:56:44,210 --> 00:56:42,470  
that was my workaround the angry little

1252  
00:56:47,089 --> 00:56:44,220  
boy made sure that Maureen got her fair

1253  
00:56:49,609 --> 00:56:47,099  
share of the good stuff you know um you

1254  
00:56:50,390 --> 00:56:49,619  
know what's weird is

1255  
00:56:53,589 --> 00:56:50,400  
um

1256  
00:56:56,809 --> 00:56:53,599  
here there are

1257  
00:56:59,150 --> 00:56:56,819  
you know physically you know men

1258  
00:57:00,950 --> 00:56:59,160  
typically are stronger faster whatever

1259  
00:57:08,270 --> 00:57:00,960  
but

1260  
00:57:10,370 --> 00:57:08,280  
protect our family and and there are

1261  
00:57:12,910 --> 00:57:10,380  
certain things yeah we get to eat more

1262  
00:57:16,430 --> 00:57:12,920  
right

1263  
00:57:17,870 --> 00:57:16,440

but but let me tell you what the

1264

00:57:19,910 --> 00:57:17,880

trade-off is

1265

00:57:22,370 --> 00:57:19,920

all right let me can I tell you what the

1266

00:57:29,329 --> 00:57:22,380

trade-off is yeah sure when the building

1267

00:57:32,990 --> 00:57:31,430

and you get to rush in and save all the

1268

00:57:35,270 --> 00:57:33,000

people and I just stand back and watch

1269

00:57:38,690 --> 00:57:35,280

you know so

1270

00:57:40,549 --> 00:57:38,700

there there is that part of it but but

1271

00:57:43,490 --> 00:57:40,559

if we take that back to ancient Egypt

1272

00:57:46,130 --> 00:57:43,500

and and you know before modern times it

1273

00:57:49,210 --> 00:57:46,140

doesn't necessarily have to be Egypt but

1274

00:57:53,270 --> 00:57:49,220

if you go back there I think that there

1275

00:57:55,490 --> 00:57:53,280

was not only uh inequality with the

1276  
00:57:57,890 --> 00:57:55,500  
feminine and the masculine I don't think

1277  
00:58:00,410 --> 00:57:57,900  
that there was as much of a definition

1278  
00:58:02,329 --> 00:58:00,420  
uh between the two

1279  
00:58:05,030 --> 00:58:02,339  
um but the other part was

1280  
00:58:07,910 --> 00:58:05,040  
for for me I think that so many of us

1281  
00:58:11,930 --> 00:58:07,920  
spiritually have come out of Egypt that

1282  
00:58:14,329 --> 00:58:11,940  
when we go back in modern times we we

1283  
00:58:16,069 --> 00:58:14,339  
get that and that's why spiritually we

1284  
00:58:18,230 --> 00:58:16,079  
get activated and we have those

1285  
00:58:20,210 --> 00:58:18,240  
experiences like you did in Greg Braden

1286  
00:58:22,370 --> 00:58:20,220  
and myself and others

1287  
00:58:25,790 --> 00:58:22,380  
um I think that we uh we all have that

1288  
00:58:28,609 --> 00:58:25,800

connection don't you it's true it's very

1289

00:58:31,690 --> 00:58:28,619

true it wouldn't happen otherwise

1290

00:58:35,569 --> 00:58:31,700

yeah it's a it's a a lot of

1291

00:58:38,450 --> 00:58:35,579

opportunity that happens in Egypt as we

1292

00:58:40,370 --> 00:58:38,460

remember who we really are or who we

1293

00:58:41,930 --> 00:58:40,380

were or maybe we don't remember but we

1294

00:58:43,849 --> 00:58:41,940

have these amazing experiences and

1295

00:58:46,970 --> 00:58:43,859

there's no other way to explain it

1296

00:58:49,309 --> 00:58:46,980

look at uh Bill our our moderator he

1297

00:58:50,470 --> 00:58:49,319

just posted This ship's going down Women

1298

00:58:55,309 --> 00:58:50,480

and Children First

1299

00:58:57,049 --> 00:58:55,319

[Laughter]

1300

00:59:00,230 --> 00:58:57,059

it's kind of true

1301  
00:59:01,490 --> 00:59:00,240  
um I just really quickly before we head

1302  
00:59:04,309 --> 00:59:01,500  
to the Break

1303  
00:59:08,450 --> 00:59:04,319  
um I I think everybody has a special

1304  
00:59:11,270 --> 00:59:08,460  
place in Egypt I found mine by accident

1305  
00:59:15,049 --> 00:59:11,280  
um do you have a special spiritual place

1306  
00:59:19,010 --> 00:59:15,059  
that that rates high for you

1307  
00:59:20,420 --> 00:59:19,020  
then therea yeah that's mine we we can't

1308  
00:59:23,809 --> 00:59:20,430  
share dandera

1309  
00:59:25,549 --> 00:59:23,819  
[Laughter]

1310  
00:59:29,289 --> 00:59:25,559  
um a temple of Isis

1311  
00:59:33,530 --> 00:59:29,299  
yeah is strong phylate that's that's

1312  
00:59:36,829 --> 00:59:33,540  
you say filet I say filet

1313  
00:59:41,450 --> 00:59:39,530

I had I had some magic happen on that

1314

00:59:44,390 --> 00:59:41,460

island and that's not even the original

1315

00:59:47,150 --> 00:59:44,400

spot that's right but there's a very

1316

00:59:49,069 --> 00:59:47,160

cool story about why that place now has

1317

00:59:50,809 --> 00:59:49,079

the energy of the original spot

1318

00:59:54,049 --> 00:59:50,819

and what is that

1319

00:59:57,470 --> 00:59:54,059

I was told years and years ago to

1320

00:59:58,970 --> 00:59:57,480

connect the old Island to the new one

1321

01:00:02,150 --> 00:59:58,980

through the water

1322

01:00:05,990 --> 01:00:02,160

and when I was told to do it I said

1323

01:00:09,650 --> 01:00:06,000

no they can't be this this dam was built

1324

01:00:11,690 --> 01:00:09,660

you know five seven years ago

1325

01:00:12,950 --> 01:00:11,700

and I was told again you need to connect

1326

01:00:14,930 --> 01:00:12,960

the two

1327

01:00:17,990 --> 01:00:14,940

and I said

1328

01:00:20,270 --> 01:00:18,000

yeah but who am I and then the answer

1329

01:00:23,809 --> 01:00:20,280

came back so you refuse

1330

01:00:26,089 --> 01:00:23,819

and I said no I'm on it and I had so

1331

01:00:28,370 --> 01:00:26,099

many people who had their third eye open

1332

01:00:31,309 --> 01:00:28,380

in that group that they were able to

1333

01:00:33,650 --> 01:00:31,319

confirm that we actually built a

1334

01:00:36,710 --> 01:00:33,660

underground connection between the two

1335

01:00:38,750 --> 01:00:36,720

so that they would vibrate at the same

1336

01:00:43,130 --> 01:00:38,760

level of the original Island

1337

01:00:45,770 --> 01:00:43,140

yeah okay so guess what I'm not uh this

1338

01:00:49,010 --> 01:00:45,780

is the short version

1339

01:00:51,049 --> 01:00:49,020

um I used to tell this joke on stage

1340

01:00:52,789 --> 01:00:51,059

um uh when I would do these Mass

1341

01:00:54,589 --> 01:00:52,799

meditations right so I'd have a thousand

1342

01:00:56,089 --> 01:00:54,599

people in front of me and and I would do

1343

01:00:57,710 --> 01:00:56,099

this and I would tell this joke on stage

1344

01:00:59,750 --> 01:00:57,720

and that is we're going to meditate

1345

01:01:01,609 --> 01:00:59,760

right all five all two thousand of us

1346

01:01:03,950 --> 01:01:01,619

right now and somebody's gonna be

1347

01:01:05,870 --> 01:01:03,960

walking down Fifth Avenue New York some

1348

01:01:09,049 --> 01:01:05,880

cranky old man it's gonna be walking

1349

01:01:11,690 --> 01:01:09,059

down the street and go whoa I felt that

1350

01:01:13,849 --> 01:01:11,700

and I used to tell that joke all right

1351

01:01:15,710 --> 01:01:13,859

and get everybody to laugh and and

1352

01:01:17,569 --> 01:01:15,720

loosen up a little bit

1353

01:01:20,690 --> 01:01:17,579

um but that's what happened to me at the

1354

01:01:23,630 --> 01:01:20,700

Temple of Isis I'm walking around by

1355

01:01:25,549 --> 01:01:23,640

myself Maureen I swear all that is Holy

1356

01:01:28,490 --> 01:01:25,559

I'm walking around and I go please

1357

01:01:35,089 --> 01:01:31,490

what and I went there man

1358

01:01:40,370 --> 01:01:35,099

I went there I went I

1359

01:01:42,770 --> 01:01:40,380

it took me it took me 90 minutes

1360

01:01:44,089 --> 01:01:42,780

to to get to the point where I could

1361

01:01:46,190 --> 01:01:44,099

walk

1362

01:01:49,069 --> 01:01:46,200

it was like that it was it was pretty

1363

01:01:51,650 --> 01:01:49,079

nuts that's pretty amazing yeah that's

1364

01:01:55,190 --> 01:01:51,660

pretty awesome pretty awesome it just

1365

01:01:57,349 --> 01:01:55,200

blew up my my forehead blew out that's

1366

01:02:00,109 --> 01:01:57,359

the best way I can explain it you know

1367

01:02:01,190 --> 01:02:00,119

on the side okay so outside of the main

1368

01:02:03,589 --> 01:02:01,200

Temple

1369

01:02:06,530 --> 01:02:03,599

uh where the boat ramp is down below

1370

01:02:09,170 --> 01:02:06,540

okay there's a that Cliff that is there

1371

01:02:11,450 --> 01:02:09,180

right in the the granite wall

1372

01:02:13,089 --> 01:02:11,460

um I sat on that Granite wall with my

1373

01:02:16,370 --> 01:02:13,099

feet dangling

1374

01:02:18,049 --> 01:02:16,380

and trying to get my wits about me and I

1375

01:02:21,410 --> 01:02:18,059

opened up my eyes

1376

01:02:24,230 --> 01:02:21,420

and looking across the Nile uh to the

1377

01:02:27,589 --> 01:02:24,240

other side it was

1378

01:02:32,630 --> 01:02:27,599

it was a color that

1379

01:02:34,190 --> 01:02:32,640

it's not defined and it just went

1380

01:02:36,670 --> 01:02:34,200

I don't even like telling the story I

1381

01:02:40,309 --> 01:02:36,680

sound like a whack job but it happened

1382

01:02:42,710 --> 01:02:40,319

it was crazy and that was your first

1383

01:02:47,329 --> 01:02:42,720

trip that way I'm going back in a couple

1384

01:02:49,670 --> 01:02:47,339

of months and uh uh you know I I I don't

1385

01:02:51,530 --> 01:02:49,680

want to have high expectations uh to

1386

01:02:52,789 --> 01:02:51,540

like the Temple of Isis or you know the

1387

01:02:54,349 --> 01:02:52,799

other places where I had some crazy

1388

01:02:58,490 --> 01:02:54,359

stuff go down

1389

01:03:01,309 --> 01:02:58,500

um including dendara dundera was just

1390

01:03:02,930 --> 01:03:01,319

um I'm just wondering what else is going

1391

01:03:05,750 --> 01:03:02,940

to get lit up

1392

01:03:08,049 --> 01:03:05,760

um in Egypt uh it's it's such a special

1393

01:03:11,930 --> 01:03:08,059

place dendara though

1394

01:03:14,630 --> 01:03:11,940

yeah yeah that might be the the craziest

1395

01:03:17,329 --> 01:03:14,640

place on Earth I mean visually stunning

1396

01:03:19,609 --> 01:03:17,339

too as well but you can feel the power

1397

01:03:21,829 --> 01:03:19,619

uh just when you when you first walk up

1398

01:03:24,770 --> 01:03:21,839

to it you can feel it

1399

01:03:26,690 --> 01:03:24,780

yes you can and if you ever get the

1400

01:03:28,069 --> 01:03:26,700

chance this is to your audience if you

1401  
01:03:28,849 --> 01:03:28,079  
ever get the chance to go to Egypt take

1402  
01:03:32,710 --> 01:03:28,859  
it

1403  
01:03:35,030 --> 01:03:32,720  
lifetime

1404  
01:03:36,530 --> 01:03:35,040  
the uh one of the things that I'm

1405  
01:03:40,549 --> 01:03:36,540  
thankful for and then we'll jump to a

1406  
01:03:43,130 --> 01:03:40,559  
break is uh about endara is the colors

1407  
01:03:45,170 --> 01:03:43,140  
are still there right because everything

1408  
01:03:46,849 --> 01:03:45,180  
else you know if it's thousands of years

1409  
01:03:49,490 --> 01:03:46,859  
old you know the colors and the paint

1410  
01:03:52,549 --> 01:03:49,500  
and this most of it is washed away not a

1411  
01:03:54,309 --> 01:03:52,559  
tenderis you know and so you still get

1412  
01:03:58,730 --> 01:03:54,319  
that that that

1413  
01:04:00,470 --> 01:03:58,740

the intention of of everything uh over

1414

01:04:02,750 --> 01:04:00,480

the last three four five thousand years

1415

01:04:05,150 --> 01:04:02,760

it's still there

1416

01:04:08,589 --> 01:04:05,160

um visually it's just stunning it's just

1417

01:04:12,589 --> 01:04:08,599

stunning to look at stunning stunning

1418

01:04:14,809 --> 01:04:12,599

let's take our break right here and uh

1419

01:04:18,650 --> 01:04:14,819

I'm not quite ready I should have been

1420

01:04:21,109 --> 01:04:18,660

ready uh Maureen I apologize for this

1421

01:04:23,150 --> 01:04:21,119

but I will say this I guess tonight

1422

01:04:25,490 --> 01:04:23,160

Maureen St Germain I'm your host Jimmy

1423

01:04:28,430 --> 01:04:25,500

church this is Fade to Black stay with

1424

01:04:32,990 --> 01:04:30,710

this is Jimmy Church of Fade to Black

1425

01:04:35,210 --> 01:04:33,000

please visit all of our sponsors we're

1426

01:04:38,990 --> 01:04:35,220

taking a quick break here all of the

1427

01:04:43,490 --> 01:04:39,000

links are below and we'll be right back

1428

01:04:46,010 --> 01:04:43,500

join us November 10th 11th and 12th 2023

1429

01:04:48,710 --> 01:04:46,020

as disclosure Fest foundation and Fade

1430

01:04:51,230 --> 01:04:48,720

to Black radio presents Stairway To the

1431

01:04:53,750 --> 01:04:51,240

Stars a human Origins Science and

1432

01:04:56,750 --> 01:04:53,760

Technology Expo live at the Luxor Hotel

1433

01:04:59,030 --> 01:04:56,760

and Casino and the Las Vegas Strip with

1434

01:05:01,010 --> 01:04:59,040

live talks lectures and workshops by

1435

01:05:03,109 --> 01:05:01,020

World Acclaim researchers and authors

1436

01:05:05,690 --> 01:05:03,119

this is Jimmy Church by the way and I'll

1437

01:05:08,030 --> 01:05:05,700

be your host all weekend long featuring

1438

01:05:10,150 --> 01:05:08,040

topics like human Origins ancient

1439

01:05:13,069 --> 01:05:10,160

Technologies indigenous teachings

1440

01:05:15,410 --> 01:05:13,079

workshops a mass meditation yoga and

1441

01:05:18,170 --> 01:05:15,420

sound healing music and so much more

1442

01:05:20,990 --> 01:05:18,180

don't miss our intimate sky watch and

1443

01:05:23,870 --> 01:05:21,000

meteor shower over the infamous Area 51

1444

01:05:25,609 --> 01:05:23,880

airspace in Rachel Nevada with special

1445

01:05:27,890 --> 01:05:25,619

surprise celebrity host guiding us

1446

01:05:31,789 --> 01:05:27,900

through the night also introducing our

1447

01:05:34,069 --> 01:05:31,799

disclosure Fest VR Starship area with

1448

01:05:36,829 --> 01:05:34,079

dozens of rides you've got to check it

1449

01:05:38,329 --> 01:05:36,839

out this event will sell out for more

1450

01:05:41,270 --> 01:05:38,339

information and tickets Please visit

1451

01:05:43,490 --> 01:05:41,280

disclosure yourfest.org this is Jimmy

1452

01:05:47,089 --> 01:05:43,500

church and I want to introduce you to

1453

01:05:49,609 --> 01:05:47,099

lifewaves x39 Stem Cell Activation batch

1454

01:05:53,030 --> 01:05:49,619

which has totally transformed my health

1455

01:05:56,030 --> 01:05:53,040

my sleep brain and my eyes I no longer

1456

01:05:58,069 --> 01:05:56,040

need reading glasses x39 is a true

1457

01:06:02,270 --> 01:05:58,079

breakthrough in regenerative science

1458

01:06:04,849 --> 01:06:02,280

using light x-39's patented age reversal

1459

01:06:06,829 --> 01:06:04,859

Technologies clinically proven to Signal

1460

01:06:09,170 --> 01:06:06,839

the activation of younger stem cells

1461

01:06:12,410 --> 01:06:09,180

accelerating the body's natural healing

1462

01:06:14,690 --> 01:06:12,420

process x39 promotes restoration and

1463

01:06:17,150 --> 01:06:14,700

Rejuvenation bringing the life-changing

1464

01:06:19,430 --> 01:06:17,160

benefits that I've experienced by

1465

01:06:22,549 --> 01:06:19,440

naturally elevating a master signaling

1466

01:06:25,309 --> 01:06:22,559

peptide in the body x39 boost Vitality

1467

01:06:28,309 --> 01:06:25,319

health and wellness and resets 4 000

1468

01:06:30,890 --> 01:06:28,319

genes to a younger healthier State it's

1469

01:06:34,630 --> 01:06:30,900

one patch once a day and you can turn

1470

01:06:38,029 --> 01:06:34,640

back time with x-39 just go to

1471

01:06:42,170 --> 01:06:38,039

healingworksnow.com that's works with an

1472

01:06:44,329 --> 01:06:42,180

X healing Works now.com hey everybody

1473

01:06:46,609 --> 01:06:44,339

it's Billy Carson also known as

1474

01:06:48,349 --> 01:06:46,619

Forbidden Knowledge I want to talk to

1475

01:06:52,010 --> 01:06:48,359

you about a very special event coming up

1476

01:06:54,049 --> 01:06:52,020

July 30th 2023 The Forbidden conscious

1477

01:06:55,670 --> 01:06:54,059

Awards we're going to honor people who

1478

01:06:57,950 --> 01:06:55,680

have been contributing to the conscious

1479

01:06:59,390 --> 01:06:57,960

Community for decades people that you

1480

01:07:00,890 --> 01:06:59,400

know and love that have helped you get

1481

01:07:02,870 --> 01:07:00,900

to higher levels of thought and

1482

01:07:05,150 --> 01:07:02,880

Consciousness and awareness it's going

1483

01:07:06,470 --> 01:07:05,160

to be alive in-person event but seats

1484

01:07:08,270 --> 01:07:06,480

are going to sell out very fast you want

1485

01:07:09,890 --> 01:07:08,280

to make sure you're there in person and

1486

01:07:11,650 --> 01:07:09,900

guess what you can help vote for the

1487

01:07:13,730 --> 01:07:11,660

winners voting is available on

1488

01:07:15,349 --> 01:07:13,740

forbiddenknowledge.com and the

1489

01:07:18,470 --> 01:07:15,359

categories are going to be social media

1490

01:07:20,349 --> 01:07:18,480

influencer podcast slash radio host TV

1491

01:07:22,130 --> 01:07:20,359

host actor director producer

1492

01:07:23,569 --> 01:07:22,140

entrepreneurs health and wellness

1493

01:07:26,029 --> 01:07:23,579

philanthropists authors field

1494

01:07:27,829 --> 01:07:26,039

researchers archaeologists space anomaly

1495

01:07:30,650 --> 01:07:27,839

hunters and of course a Lifetime

1496

01:07:32,510 --> 01:07:30,660

Achievement Award I'll be your key note

1497

01:07:34,430 --> 01:07:32,520

speaker that night at The Forbidden

1498

01:07:36,829 --> 01:07:34,440

conscious Awards we have celebrity

1499

01:07:38,329 --> 01:07:36,839

guests performing we'll have a halftime

1500

01:07:40,130 --> 01:07:38,339

show where we're actually going to

1501  
01:07:42,710 --> 01:07:40,140  
perform music for you and don't forget

1502  
01:07:44,630 --> 01:07:42,720  
about the pre-event mixer where if you

1503  
01:07:46,609 --> 01:07:44,640  
buy a box seat you'll be in the VIP

1504  
01:07:49,250 --> 01:07:46,619  
section and you also have private access

1505  
01:07:52,370 --> 01:07:49,260  
to a VIP mixer with celebrity guests

1506  
01:07:54,109 --> 01:07:52,380  
shake hands break bread Network and then

1507  
01:07:56,029 --> 01:07:54,119  
walk the red carpet with us and take

1508  
01:07:57,289 --> 01:07:56,039  
amazing photos it's going to be a night

1509  
01:07:59,450 --> 01:07:57,299  
to remember you don't want to forget

1510  
01:08:01,130 --> 01:07:59,460  
this make sure you hurry up and get your

1511  
01:08:03,589 --> 01:08:01,140  
tickets because you're selling out very

1512  
01:08:05,350 --> 01:08:03,599  
fast I want to see you there forbidden

1513  
01:08:08,990 --> 01:08:05,360

conscious Awards 2023

1514

01:08:12,410 --> 01:08:09,000

[Music]

1515

01:08:15,230 --> 01:08:12,420

River Moon coffee makers of the Fade to

1516

01:08:17,050 --> 01:08:15,240

Black blend truly the best coffee on

1517

01:08:19,309 --> 01:08:17,060

planet Earth just visit

1518

01:08:21,169 --> 01:08:19,319

rivermoonwellness.com or their Amazon

1519

01:08:22,610 --> 01:08:21,179

store it's all simple to do you can

1520

01:08:24,650 --> 01:08:22,620

check out the Fade to Black blend the

1521

01:08:27,349 --> 01:08:24,660

game changer Blend or any of their black

1522

01:08:31,070 --> 01:08:27,359

moon wellness products it's the only

1523

01:08:36,470 --> 01:08:31,080

coffee I drink it is the best and it's

1524

01:08:42,169 --> 01:08:38,749

all right Welcome Back Fade to Black our

1525

01:08:44,630 --> 01:08:42,179

guest tonight Maureen St Germain and

1526

01:08:45,709 --> 01:08:44,640

this portion of the show this portion of

1527

01:08:49,309 --> 01:08:45,719

the broadcast brought to you by

1528

01:08:51,769 --> 01:08:49,319

accidental truth the new documentary by

1529

01:08:53,630 --> 01:08:51,779

director Ron James it is streaming on

1530

01:08:56,570 --> 01:08:53,640

all platforms right now you can run it

1531

01:09:00,229 --> 01:08:56,580

you can buy it but it is required

1532

01:09:02,329 --> 01:09:00,239

viewing by our community that's it and I

1533

01:09:06,229 --> 01:09:02,339

will have a full test

1534

01:09:08,450 --> 01:09:06,239

pop quiz on accidental truth our guest

1535

01:09:10,189 --> 01:09:08,460

tonight uh Maureen Saint gerane and

1536

01:09:12,950 --> 01:09:10,199

Maureen you're gonna be you're going to

1537

01:09:14,930 --> 01:09:12,960

be at Stairway To the Stars with us I

1538

01:09:16,550 --> 01:09:14,940

hope so I have to double check my

1539

01:09:19,930 --> 01:09:16,560

schedule after I said yes I'd do it

1540

01:09:25,130 --> 01:09:19,940

we'll talk about the dates so uh

1541

01:09:26,930 --> 01:09:25,140

oh it's like that okay anyway well uh I

1542

01:09:29,450 --> 01:09:26,940

hope so I want to be there there's no

1543

01:09:31,910 --> 01:09:29,460

way you can you cannot you cannot be at

1544

01:09:37,729 --> 01:09:31,920

our event you cannot no no no no no no

1545

01:09:40,550 --> 01:09:37,739

okay so um uh we started two earlier and

1546

01:09:42,950 --> 01:09:40,560

then we got sideways which is awesome

1547

01:09:45,229 --> 01:09:42,960

um but I wanted to go through the chakra

1548

01:09:47,570 --> 01:09:45,239

points and and definitions for everybody

1549

01:09:49,789 --> 01:09:47,580

for clarity and clarification and

1550

01:09:52,610 --> 01:09:49,799

transparency for that matter

1551

01:09:53,870 --> 01:09:52,620

um can we can we start at the top and go

1552

01:09:55,370 --> 01:09:53,880

to the bottom you want to start at the

1553

01:09:57,110 --> 01:09:55,380

bottom and go to the Top If you want to

1554

01:09:58,790 --> 01:09:57,120

start again at the bottom actually I

1555

01:10:03,050 --> 01:09:58,800

like to start at the center and go out

1556

01:10:04,490 --> 01:10:03,060

okay let's do that okay so the center

1557

01:10:07,010 --> 01:10:04,500

would be

1558

01:10:09,470 --> 01:10:07,020

the heart chakra

1559

01:10:11,590 --> 01:10:09,480

and I actually have a meditation called

1560

01:10:15,650 --> 01:10:11,600

the spiral chakra meditation

1561

01:10:19,550 --> 01:10:15,660

so you would start at the center with

1562

01:10:23,330 --> 01:10:19,560

your heart and then you would spiral up

1563

01:10:25,970 --> 01:10:23,340

and around to the solar plexus

1564

01:10:28,910 --> 01:10:25,980

and then up to the throat chakra

1565

01:10:29,810 --> 01:10:28,920

and then down to the spleen up to the

1566

01:10:33,470 --> 01:10:29,820

third eye

1567

01:10:36,649 --> 01:10:33,480

then to the gonads then to the crown

1568

01:10:37,550 --> 01:10:36,659

been to the base chakra and up to the

1569

01:10:39,530 --> 01:10:37,560

eighth

1570

01:10:41,510 --> 01:10:39,540

and then we do something else but you

1571

01:10:43,250 --> 01:10:41,520

wanted to know what they did yes the

1572

01:10:46,669 --> 01:10:43,260

heart chakra is all about love and

1573

01:10:49,130 --> 01:10:46,679

unconditional love and uh taking good

1574

01:10:52,010 --> 01:10:49,140

care of

1575

01:10:53,570 --> 01:10:52,020

yourself with self-love

1576

01:10:56,270 --> 01:10:53,580

by

1577

01:10:58,669 --> 01:10:56,280

not holding on to guilt if guilt is only

1578

01:11:01,370 --> 01:10:58,679

good for one thing and that's to change

1579

01:11:03,649 --> 01:11:01,380

to make a change

1580

01:11:06,050 --> 01:11:03,659

when we go from unconditional love

1581

01:11:11,030 --> 01:11:06,060

towards ourself and we move into the

1582

01:11:13,550 --> 01:11:11,040

solar plexus what happens is we create

1583

01:11:16,550 --> 01:11:13,560

a contrast normally the solar plex is

1584

01:11:19,130 --> 01:11:16,560

all about fear and how we survive it's

1585

01:11:21,350 --> 01:11:19,140

survival stuff when we add the

1586

01:11:23,030 --> 01:11:21,360

unconditional love from the heart it

1587

01:11:24,950 --> 01:11:23,040

becomes courage

1588

01:11:26,030 --> 01:11:24,960

and courage becomes strength of

1589

01:11:28,189 --> 01:11:26,040

character

1590

01:11:29,930 --> 01:11:28,199

then when you spiral up to the throat

1591

01:11:32,510 --> 01:11:29,940

chakra that gives you the power you need

1592

01:11:34,310 --> 01:11:32,520

to speak your truth so many times we

1593

01:11:36,110 --> 01:11:34,320

don't speak Our Truth not because we

1594

01:11:38,090 --> 01:11:36,120

don't believe it but because we're

1595

01:11:40,130 --> 01:11:38,100

afraid we were punished for speaking Our

1596

01:11:41,149 --> 01:11:40,140

Truth

1597

01:11:44,930 --> 01:11:41,159

um

1598

01:11:47,810 --> 01:11:44,940

solar plexus is can be golden and then

1599

01:11:50,810 --> 01:11:47,820

the throat chakra would be blue

1600

01:11:52,610 --> 01:11:50,820

and it's all about power and how you

1601  
01:11:55,010 --> 01:11:52,620  
feel about yourself that's why when our

1602  
01:11:58,010 --> 01:11:55,020  
voice goes froggy or we get a little

1603  
01:12:00,770 --> 01:11:58,020  
temporary hoarseness it's usually about

1604  
01:12:04,250 --> 01:12:00,780  
whatever we're talking about and it

1605  
01:12:05,229 --> 01:12:04,260  
means that we have fear or we have

1606  
01:12:10,850 --> 01:12:05,239  
um

1607  
01:12:14,890 --> 01:12:10,860  
self-confidence issues around that issue

1608  
01:12:18,590 --> 01:12:14,900  
and then when we move to the

1609  
01:12:21,770 --> 01:12:18,600  
spleen this is where the center of light

1610  
01:12:25,070 --> 01:12:21,780  
comes in and feeds the entire body and

1611  
01:12:28,070 --> 01:12:25,080  
the spleen is the only chakra that feeds

1612  
01:12:31,310 --> 01:12:28,080  
in both directions so that means all of

1613  
01:12:32,570 --> 01:12:31,320

our chakras are receptors they're like

1614

01:12:36,850 --> 01:12:32,580

um

1615

01:12:40,669 --> 01:12:36,860

we send out who we are on that uh chakra

1616

01:12:45,350 --> 01:12:40,679

and we take in what's around us so

1617

01:12:47,689 --> 01:12:45,360

they're like a radio or a speaker but it

1618

01:12:49,669 --> 01:12:47,699

all sets a capacity to experience and

1619

01:12:52,790 --> 01:12:49,679

hear

1620

01:12:55,310 --> 01:12:52,800

in the case of the spleen it is

1621

01:12:56,450 --> 01:12:55,320

receiving energy from the Great Central

1622

01:13:00,169 --> 01:12:56,460

Sun

1623

01:13:03,890 --> 01:13:00,179

as well as use being used as a resource

1624

01:13:06,050 --> 01:13:03,900

to project healing and that's part of

1625

01:13:08,570 --> 01:13:06,060

another chakra system known as the five

1626  
01:13:10,669 --> 01:13:08,580  
secret Ray chakras which are the center

1627  
01:13:11,270 --> 01:13:10,679  
of the Palm this

1628  
01:13:13,790 --> 01:13:11,280  
um

1629  
01:13:16,790 --> 01:13:13,800  
the center of the feet the the soles of

1630  
01:13:19,130 --> 01:13:16,800  
the feet and the spleen what's

1631  
01:13:21,290 --> 01:13:19,140  
interesting about that particular group

1632  
01:13:23,450 --> 01:13:21,300  
is you see so many healers with their

1633  
01:13:28,130 --> 01:13:23,460  
hands holding out holding out they're

1634  
01:13:34,850 --> 01:13:29,709  
um

1635  
01:13:38,510 --> 01:13:34,860  
third eye and the crown are related and

1636  
01:13:42,229 --> 01:13:38,520  
they can be used to for creation

1637  
01:13:45,590 --> 01:13:42,239  
so the third eye is

1638  
01:13:47,630 --> 01:13:45,600

in direct relationship to the pineal and

1639

01:13:49,850 --> 01:13:47,640

the pineal points upward to the crown

1640

01:13:51,649 --> 01:13:49,860

chakra and when you put your attention

1641

01:13:55,550 --> 01:13:51,659

on the crown and then feed through the

1642

01:13:57,410 --> 01:13:55,560

pineal and let the Pioneer rotate out

1643

01:14:01,490 --> 01:13:57,420

in your meditation

1644

01:14:05,209 --> 01:14:01,500

you create a way to manifest

1645

01:14:06,830 --> 01:14:05,219

that is part of our heritage

1646

01:14:09,530 --> 01:14:06,840

so

1647

01:14:14,090 --> 01:14:09,540

one of the things that we do with that

1648

01:14:21,530 --> 01:14:17,510

our manifestations using the pineal

1649

01:14:23,810 --> 01:14:21,540

pointing through the third eye

1650

01:14:24,950 --> 01:14:23,820

these are new uses of the chakras that a

1651

01:14:26,930 --> 01:14:24,960

lot of people probably haven't ever

1652

01:14:27,950 --> 01:14:26,940

heard of

1653

01:14:32,030 --> 01:14:27,960

um

1654

01:14:34,490 --> 01:14:32,040

the Ancients didn't use the gonads in

1655

01:14:36,709 --> 01:14:34,500

the same way that we do in the in a

1656

01:14:39,830 --> 01:14:36,719

chakra lineup that either goes up or

1657

01:14:43,490 --> 01:14:39,840

down they felt that that activating of

1658

01:14:46,130 --> 01:14:43,500

that energy was too intense

1659

01:14:49,250 --> 01:14:46,140

and dangerous because we might not be

1660

01:14:50,750 --> 01:14:49,260

able to control those energies it

1661

01:14:52,910 --> 01:14:50,760

doesn't mean we're not feeding those

1662

01:14:54,530 --> 01:14:52,920

energies through the spleen it simply

1663

01:14:57,010 --> 01:14:54,540

means that we're not feeding it directly

1664

01:14:59,990 --> 01:14:57,020

through the lineup

1665

01:15:02,330 --> 01:15:00,000

I you know I could never do any kind of

1666

01:15:04,490 --> 01:15:02,340

chakra meditation and I couldn't get my

1667

01:15:07,250 --> 01:15:04,500

arms around what the chakras are for

1668

01:15:09,830 --> 01:15:07,260

until this information came through and

1669

01:15:12,709 --> 01:15:09,840

I think I was kind of holding out

1670

01:15:15,169 --> 01:15:12,719

so then this whole meditation what we do

1671

01:15:16,669 --> 01:15:15,179

is we take this lineup that looks like a

1672

01:15:20,930 --> 01:15:16,679

clock that we're spinning around

1673

01:15:24,050 --> 01:15:20,940

ourselves and we tilt it forward we tilt

1674

01:15:26,510 --> 01:15:24,060

the top of it back and the and the base

1675

01:15:29,209 --> 01:15:26,520

goes in front of us now we've got like

1676

01:15:31,250 --> 01:15:29,219

satellites orbiting us all the chakras

1677

01:15:35,890 --> 01:15:31,260

were not meant to be locked in the body

1678

01:15:39,110 --> 01:15:35,900

they were meant to be out

1679

01:15:41,330 --> 01:15:39,120

in the field and the reason they were

1680

01:15:44,090 --> 01:15:41,340

tucked in the body is because other

1681

01:15:46,070 --> 01:15:44,100

beings were taking advantage of this and

1682

01:15:47,689 --> 01:15:46,080

misusing that energy and causing

1683

01:15:49,790 --> 01:15:47,699

problems for us

1684

01:15:52,550 --> 01:15:49,800

so ideally a person would create this

1685

01:15:55,430 --> 01:15:52,560

meditation and do it but then before

1686

01:15:57,350 --> 01:15:55,440

they go anywhere tuck everything back in

1687

01:16:01,010 --> 01:15:57,360

until you're used to holding that space

1688

01:16:04,189 --> 01:16:01,020

without interference and I have had

1689

01:16:06,229 --> 01:16:04,199

again feedback from from the people who

1690

01:16:08,330 --> 01:16:06,239

I've taught this to is absolutely

1691

01:16:11,390 --> 01:16:08,340

amazing and it's called the spiral

1692

01:16:13,970 --> 01:16:11,400

chakra meditation interesting uh so

1693

01:16:16,610 --> 01:16:13,980

you're it's it's alternating and it's

1694

01:16:19,130 --> 01:16:16,620

not it's not a linear it's not linear

1695

01:16:21,470 --> 01:16:19,140

and here's the thing why is it not

1696

01:16:23,870 --> 01:16:21,480

linear linear is very male we're moving

1697

01:16:28,790 --> 01:16:23,880

into an age where the feminine is

1698

01:16:31,189 --> 01:16:28,800

leading and feminine is curvy

1699

01:16:33,229 --> 01:16:31,199

but we say that in sacred geometry it

1700

01:16:36,130 --> 01:16:33,239

helps people remember you know sure sure

1701

01:16:39,530 --> 01:16:36,140

makes sense it makes sense

1702

01:16:41,709 --> 01:16:39,540

curvy lines are female what about

1703

01:16:45,530 --> 01:16:41,719

um can I ask

1704

01:16:48,410 --> 01:16:45,540

this is it's it's almost comedy it is

1705

01:16:49,910 --> 01:16:48,420

comedy I love it when people laugh at

1706

01:16:52,370 --> 01:16:49,920

what the what the metaphors I make

1707

01:16:55,910 --> 01:16:52,380

because then I know they remember well

1708

01:16:59,149 --> 01:16:55,920

what about an accidental uh activation

1709

01:17:01,850 --> 01:16:59,159

like like like I've had right I wasn't

1710

01:17:04,070 --> 01:17:01,860

focused on anything and then suddenly

1711

01:17:07,430 --> 01:17:04,080

and here's the thing

1712

01:17:09,169 --> 01:17:07,440

all right I didn't have I didn't have

1713

01:17:11,209 --> 01:17:09,179

you with me

1714

01:17:14,030 --> 01:17:11,219

right I didn't have somebody sitting

1715

01:17:16,970 --> 01:17:14,040

next to me going okay church just

1716

01:17:19,790 --> 01:17:16,980

breathe this is what's going on right I

1717

01:17:24,470 --> 01:17:19,800

didn't have that I was on my own man I

1718

01:17:26,570 --> 01:17:24,480

was I was alone on a ship out at Sea and

1719

01:17:30,830 --> 01:17:26,580

and and had to deal with this on my own

1720

01:17:33,229 --> 01:17:30,840

uh uh what what about an accidental uh

1721

01:17:35,930 --> 01:17:33,239

uh activation and how does one deal with

1722

01:17:38,030 --> 01:17:35,940

it how should I have dealt with it I

1723

01:17:40,610 --> 01:17:38,040

don't think it was accidental but I will

1724

01:17:42,470 --> 01:17:40,620

say it wasn't intentional well I wasn't

1725

01:17:45,050 --> 01:17:42,480

trying to do anything

1726

01:17:47,750 --> 01:17:45,060

okay yeah but you've been talking about

1727

01:17:49,850 --> 01:17:47,760

going to Egypt for years true that's

1728

01:17:52,729 --> 01:17:49,860

true that's true and you set the stage

1729

01:17:55,630 --> 01:17:52,739

for magic to happen and it did it I was

1730

01:17:58,130 --> 01:17:55,640

I was looking for it that that

1731

01:17:59,330 --> 01:17:58,140

you know and and because we've known

1732

01:18:01,669 --> 01:17:59,340

each other for years and we've

1733

01:18:03,590 --> 01:18:01,679

interacted in lots of places one of the

1734

01:18:05,149 --> 01:18:03,600

things I can tell you is I noticed the

1735

01:18:06,470 --> 01:18:05,159

difference and I've been trying to

1736

01:18:08,930 --> 01:18:06,480

figure it out

1737

01:18:11,630 --> 01:18:08,940

and now I know it was that activation

1738

01:18:14,270 --> 01:18:11,640

because there there's a different aspect

1739

01:18:18,649 --> 01:18:14,280

of who you are that is now present that

1740

01:18:21,350 --> 01:18:18,659

wasn't there before and it's partly

1741

01:18:23,750 --> 01:18:21,360

uh well I think it's more connected to

1742

01:18:26,390 --> 01:18:23,760

who you really are you're more authentic

1743

01:18:29,689 --> 01:18:26,400

but that authenticity leads to a bigger

1744

01:18:32,090 --> 01:18:29,699

sensitivity to others and it leads to a

1745

01:18:35,270 --> 01:18:32,100

bigger sensitivity of who you are which

1746

01:18:37,610 --> 01:18:35,280

allows you to have this

1747

01:18:39,290 --> 01:18:37,620

ability

1748

01:18:42,169 --> 01:18:39,300

to really

1749

01:18:45,649 --> 01:18:42,179

really reach into the depths of

1750

01:18:47,270 --> 01:18:45,659

conversations with people and and get

1751

01:18:49,550 --> 01:18:47,280

get into it

1752

01:18:53,270 --> 01:18:49,560

without any

1753

01:18:54,410 --> 01:18:53,280

feeling of judgment or bias right it's

1754

01:18:57,890 --> 01:18:54,420

awesome

1755

01:18:59,090 --> 01:18:57,900

well it's

1756

01:19:05,149 --> 01:18:59,100

um

1757

01:19:08,330 --> 01:19:05,159

space of bliss

1758

01:19:10,310 --> 01:19:08,340

if if you you understand what I'm trying

1759

01:19:12,470 --> 01:19:10,320

to suggest here in that

1760

01:19:15,590 --> 01:19:12,480

um because I don't have distractions

1761

01:19:18,770 --> 01:19:15,600

because I am happy

1762

01:19:20,209 --> 01:19:18,780

um because the things seem to be in

1763

01:19:23,689 --> 01:19:20,219

## Focus

1764

01:19:25,610 --> 01:19:23,699

um I really I truly what makes me happy

1765

01:19:28,850 --> 01:19:25,620

is what you and I are doing right now

1766

01:19:30,350 --> 01:19:28,860

that's my true happiness how could I not

1767

01:19:34,310 --> 01:19:30,360

be

1768

01:19:37,729 --> 01:19:34,320

if they into or focused and and inside

1769

01:19:41,810 --> 01:19:37,739

of your brain and your mind it's it's

1770

01:19:44,090 --> 01:19:41,820

what brings me joy I love it I love it I

1771

01:19:47,570 --> 01:19:44,100

wish everybody

1772

01:19:51,050 --> 01:19:47,580

um uh could experience that in life

1773

01:19:52,810 --> 01:19:51,060

um let me say this

1774

01:19:58,510 --> 01:19:52,820

I have

1775

01:20:02,870 --> 01:19:58,520

genuine empathy I feel for those that

1776

01:20:05,689 --> 01:20:02,880

that haven't found that spark

1777

01:20:07,850 --> 01:20:05,699

right they they only hold it inside of

1778

01:20:10,310 --> 01:20:07,860

them they know what the Bliss is but

1779

01:20:12,530 --> 01:20:10,320

they won't do anything about it

1780

01:20:14,510 --> 01:20:12,540

right they and and they find them

1781

01:20:17,810 --> 01:20:14,520

themselves stuck

1782

01:20:19,850 --> 01:20:17,820

and whatever that is whatever that

1783

01:20:22,490 --> 01:20:19,860

secret thing is or maybe it's a public

1784

01:20:26,689 --> 01:20:22,500

thing maybe if you set it out go and do

1785

01:20:29,870 --> 01:20:26,699

it because that's that's truly uh the

1786

01:20:32,930 --> 01:20:29,880

only path to happiness is if you find

1787

01:20:35,410 --> 01:20:32,940

your bliss right is that is that the

1788

01:20:38,689 --> 01:20:35,420

best advice that I can give

1789

01:20:41,930 --> 01:20:38,699

yes and in your case

1790

01:20:44,630 --> 01:20:41,940

you already were practicing your bliss

1791

01:20:47,510 --> 01:20:44,640

but when you were in Egypt

1792

01:20:50,630 --> 01:20:47,520

that connection to the Divine aspect of

1793

01:20:52,370 --> 01:20:50,640

you and the human aspect of you

1794

01:20:56,149 --> 01:20:52,380

got plugged in

1795

01:21:01,430 --> 01:20:56,159

and when it did it changed everything

1796

01:21:03,350 --> 01:21:01,440

it's true no it it it's true there is um

1797

01:21:06,530 --> 01:21:03,360

um all right

1798

01:21:08,330 --> 01:21:06,540

I'm gonna ask you a question

1799

01:21:11,209 --> 01:21:08,340

there's

1800

01:21:13,330 --> 01:21:11,219

another thing that I've realized and I

1801

01:21:17,930 --> 01:21:13,340

want to know what's going on

1802

01:21:21,110 --> 01:21:17,940

that I've also learned I don't want to

1803

01:21:26,390 --> 01:21:21,120

use a bad word here but I've learned not

1804

01:21:34,910 --> 01:21:30,950

right not to get wrapped up in in drama

1805

01:21:38,689 --> 01:21:34,920

um and that's an art that's an art uh to

1806

01:21:40,850 --> 01:21:38,699

to not get wrapped up and just just

1807

01:21:42,649 --> 01:21:40,860

stuff

1808

01:21:45,110 --> 01:21:42,659

um it focused on the good on the world

1809

01:21:47,450 --> 01:21:45,120

and and you and everything else but

1810

01:21:50,390 --> 01:21:47,460

that's a whole nother complex issue

1811

01:21:51,290 --> 01:21:50,400

isn't it it really is especially for

1812

01:21:52,790 --> 01:21:51,300

people who work

1813

01:21:56,450 --> 01:21:52,800

[Music]

1814

01:21:57,709 --> 01:21:56,460

did you hear that yeah that was that was

1815

01:22:01,870 --> 01:21:57,719

Thunder

1816

01:22:06,110 --> 01:22:01,880

see that that was important

1817

01:22:08,209 --> 01:22:06,120

going on too that was oh my gosh

1818

01:22:11,810 --> 01:22:08,219

um that was man that was that was real

1819

01:22:14,689 --> 01:22:11,820

that was scary that was real

1820

01:22:16,370 --> 01:22:14,699

um so that's okay emphasis God okay we

1821

01:22:19,130 --> 01:22:16,380

got that God

1822

01:22:22,490 --> 01:22:19,140

um and I'm hoping you guys are laughing

1823

01:22:23,990 --> 01:22:22,500

oh we are we are that was awesome the

1824

01:22:25,370 --> 01:22:24,000

the thing

1825

01:22:29,390 --> 01:22:25,380

is

1826

01:22:31,189 --> 01:22:29,400

always worried that we're not good

1827

01:22:32,750 --> 01:22:31,199

enough and we're always worried that

1828

01:22:35,090 --> 01:22:32,760

we're going to let someone down

1829

01:22:36,350 --> 01:22:35,100

and when we unhook from that and

1830

01:22:38,390 --> 01:22:36,360

recognize

1831

01:22:40,430 --> 01:22:38,400

oh

1832

01:22:41,689 --> 01:22:40,440

it's probably gonna happen I'm probably

1833

01:22:43,669 --> 01:22:41,699

gonna let someone down I'm probably

1834

01:22:45,169 --> 01:22:43,679

going to screw up no point worrying

1835

01:22:47,090 --> 01:22:45,179

about it anymore I'm just going to be

1836

01:22:50,330 --> 01:22:47,100

the best I can and let let the chips

1837

01:22:52,850 --> 01:22:50,340

fall where they may it's freeing

1838

01:22:54,890 --> 01:22:52,860

and that's that's when you really have

1839

01:22:57,410 --> 01:22:54,900

found your bliss

1840

01:23:00,830 --> 01:22:57,420

um it's easy to get wrapped up in

1841

01:23:02,149 --> 01:23:00,840

deadlines in struggle and pushing to

1842

01:23:04,910 --> 01:23:02,159

make things happen

1843

01:23:07,010 --> 01:23:04,920

and we're moving away from that kind of

1844

01:23:08,810 --> 01:23:07,020

a lifestyle and I think the beginning of

1845

01:23:10,729 --> 01:23:08,820

that was the lockdown

1846

01:23:11,750 --> 01:23:10,739

because we didn't have to rush to get

1847

01:23:13,669 --> 01:23:11,760

into work

1848

01:23:15,770 --> 01:23:13,679

you know

1849

01:23:18,590 --> 01:23:15,780

and so people learned

1850

01:23:21,649 --> 01:23:18,600

oh I could I can go take a break and

1851

01:23:23,930 --> 01:23:21,659

play with the dog I can you know

1852

01:23:26,510 --> 01:23:23,940

sleep in I can work with my pajamas on

1853

01:23:28,370 --> 01:23:26,520

all kinds of cool stuff that we wouldn't

1854

01:23:30,649 --> 01:23:28,380

have done otherwise because we were

1855

01:23:32,330 --> 01:23:30,659

being so rigid so we're moving and

1856

01:23:35,510 --> 01:23:32,340

that's really more feminine more flowing

1857

01:23:38,030 --> 01:23:35,520

more allowing more receptive so maybe

1858

01:23:43,550 --> 01:23:38,040

you turned on your feminine side more

1859

01:23:45,709 --> 01:23:45,110

there was

1860

01:23:49,550 --> 01:23:45,719

um

1861

01:23:53,450 --> 01:23:49,560

uh uh since we're talking about Egypt

1862

01:23:55,070 --> 01:23:53,460

I'll use it as an example but this is

1863

01:23:58,270 --> 01:23:55,080

that more Thunder

1864

01:24:01,310 --> 01:23:58,280

yeah yeah that's cool man

1865

01:24:03,410 --> 01:24:01,320

that's the universe going okay this is

1866

01:24:05,930 --> 01:24:03,420

the drama you need to focus on right

1867

01:24:13,490 --> 01:24:09,770

this was uh in in in in all ancient

1868

01:24:16,610 --> 01:24:13,500

cultures but Egypt is a great example of

1869

01:24:19,070 --> 01:24:16,620

this because so much of the old is still

1870

01:24:22,970 --> 01:24:19,080

there and present and you can just drive

1871

01:24:23,870 --> 01:24:22,980

anywhere and experience it but um uh is

1872

01:24:28,430 --> 01:24:23,880

this

1873

01:24:31,430 --> 01:24:28,440

over and over again you have these uh

1874

01:24:36,050 --> 01:24:31,440

moments of going okay

1875

01:24:38,209 --> 01:24:36,060

how did they do this you say it over and

1876

01:24:40,610 --> 01:24:38,219

over again every time you get out of a

1877

01:24:44,030 --> 01:24:40,620

car every time you walk every time you

1878

01:24:47,930 --> 01:24:44,040

look Every Time You observe you go huh

1879

01:24:50,810 --> 01:24:47,940

what what is it that we have forgotten

1880

01:24:53,990 --> 01:24:50,820

because obviously they had it all

1881

01:24:57,350 --> 01:24:54,000

figured out five thousand years ago

1882

01:24:59,570 --> 01:24:57,360

and you can clearly see it where did we

1883

01:25:02,330 --> 01:24:59,580

get this Amnesia and that's the part

1884

01:25:05,870 --> 01:25:02,340

that that fascinated me probably the

1885

01:25:09,550 --> 01:25:05,880

most is we've we've lost connection to

1886

01:25:12,530 --> 01:25:09,560

self we've completely disconnected when

1887

01:25:15,229 --> 01:25:12,540

obviously they had it figured out at

1888

01:25:17,689 --> 01:25:15,239

3000 BC and then before that go back to

1889

01:25:20,149 --> 01:25:17,699

go back Lee tappy

1890

01:25:22,729 --> 01:25:20,159

I'm always stunned when I see pictures

1891

01:25:25,490 --> 01:25:22,739

of temples whether they're in Thailand

1892

01:25:27,290 --> 01:25:25,500

or India that have recently been

1893

01:25:29,709 --> 01:25:27,300

discovered and they're overgrown with

1894

01:25:33,169 --> 01:25:29,719

these huge trees and I think to myself

1895

01:25:35,990 --> 01:25:33,179

some culture built this beautiful Temple

1896

01:25:37,330 --> 01:25:36,000

how could they abandon it how could they

1897

01:25:41,750 --> 01:25:37,340

leave it

1898

01:25:43,330 --> 01:25:41,760

unattached you know it on on uh you know

1899

01:25:46,370 --> 01:25:43,340

unattended

1900

01:25:49,490 --> 01:25:46,380

unmaintained unmaintained yeah I loved

1901

01:25:51,410 --> 01:25:49,500

unloved yes yes it doesn't make any

1902

01:25:53,209 --> 01:25:51,420

sense to me

1903

01:25:55,729 --> 01:25:53,219

um and I don't get it and and these are

1904

01:25:57,709 --> 01:25:55,739

now tourist spots that you know I've had

1905

01:26:01,129 --> 01:25:57,719

clients send me pictures of these places

1906

01:26:03,709 --> 01:26:01,139

and I think to myself

1907

01:26:05,209 --> 01:26:03,719

how can they let it go into Decay like

1908

01:26:09,229 --> 01:26:05,219

that

1909

01:26:12,050 --> 01:26:09,239

then

1910

01:26:14,870 --> 01:26:12,060

you you stop worshiping there you stop

1911

01:26:16,250 --> 01:26:14,880

going there how does that happen and the

1912

01:26:19,010 --> 01:26:16,260

only thing I can think of is as a

1913

01:26:21,169 --> 01:26:19,020

cataclysm or a war that chased people

1914

01:26:24,830 --> 01:26:21,179

away and they had left because they felt

1915

01:26:27,590 --> 01:26:24,840

they had to in order to survive

1916

01:26:29,870 --> 01:26:27,600

and all these things sand you know all

1917

01:26:32,270 --> 01:26:29,880

these Stone Mountain monuments stand as

1918

01:26:35,570 --> 01:26:32,280

evidence of Prior cultures that have

1919

01:26:39,709 --> 01:26:35,580

a certain Mastery that we don't have yet

1920

01:26:44,270 --> 01:26:39,719

I completely forgot about how quickly we

1921

01:26:46,430 --> 01:26:44,280

we get amnesia I mean it's like it takes

1922

01:26:50,990 --> 01:26:46,440

a couple of years

1923

01:26:52,610 --> 01:26:51,000

um and uh if you uh stop and observe

1924

01:26:55,970 --> 01:26:52,620

some of the examples that you're

1925

01:26:58,610 --> 01:26:55,980

referring to Machu Picchu driven outs

1926

01:27:01,129 --> 01:26:58,620

you know Spaniards come along uh the

1927

01:27:03,950 --> 01:27:01,139

Mayans uh how many times was Egypt

1928

01:27:07,310 --> 01:27:03,960

invaded right uh Gobekli Tepe

1929

01:27:09,770 --> 01:27:07,320

deliberately buried and never unburied

1930

01:27:13,550 --> 01:27:09,780

they just walked away from go back with

1931

01:27:16,430 --> 01:27:13,560

happy you know why what what what how

1932

01:27:19,250 --> 01:27:16,440

how to build something that grand and

1933

01:27:22,010 --> 01:27:19,260

that beautiful and that important and

1934

01:27:23,990 --> 01:27:22,020

just to bury it and walk away uh you're

1935

01:27:25,669 --> 01:27:24,000

absolutely right it's it's a fascinating

1936

01:27:29,629 --> 01:27:25,679

way to look at it

1937

01:27:30,950 --> 01:27:29,639

yeah it's it's a mystery to try and

1938

01:27:33,050 --> 01:27:30,960

understand

1939

01:27:38,750 --> 01:27:33,060

how

1940

01:27:40,910 --> 01:27:38,760

as you say our Amnesia happens really

1941

01:27:43,970 --> 01:27:40,920

fast

1942

01:27:47,510 --> 01:27:43,980

um I'm you know I'm so intrigued by this

1943

01:27:51,550 --> 01:27:47,520

whole idea of time in clocks and how you

1944

01:27:54,050 --> 01:27:51,560

know we we have this strangeness around

1945

01:27:58,370 --> 01:27:54,060

clocks that you know I say clocks but I

1946

01:28:00,709 --> 01:27:58,380

mean calendars that don't match and you

1947

01:28:02,030 --> 01:28:00,719

know maybe we should steal some days

1948

01:28:05,030 --> 01:28:02,040

from

1949

01:28:07,610 --> 01:28:05,040

August or July and put them back in

1950

01:28:09,350 --> 01:28:07,620

February and fix the calendar for one

1951

01:28:14,689 --> 01:28:09,360

thing

1952

01:28:19,010 --> 01:28:14,699

that I don't understand yet but it's

1953

01:28:21,290 --> 01:28:19,020

kind of like going down a rabbit hole uh

1954

01:28:23,750 --> 01:28:21,300

this whole idea that maybe the Dark Ages

1955

01:28:26,870 --> 01:28:23,760

were invented by a mistake yeah no

1956

01:28:28,310 --> 01:28:26,880

that's a it's a very interesting

1957

01:28:30,410 --> 01:28:28,320

um and and it's something that we don't

1958

01:28:32,990 --> 01:28:30,420

have uh

1959

01:28:36,649 --> 01:28:33,000

um well they don't uh they call it the

1960

01:28:38,930 --> 01:28:36,659

dark ages for a good reason right and uh

1961

01:28:41,629 --> 01:28:38,940

because if we know nothing about it

1962

01:28:44,270 --> 01:28:41,639

right there's like no written record is

1963

01:28:47,090 --> 01:28:44,280

it possible that it is fictitious

1964

01:28:49,189 --> 01:28:47,100

that's a that's a strange it's a strange

1965

01:28:51,410 --> 01:28:49,199

thing to look at now I'm mentioning

1966

01:28:52,910 --> 01:28:51,420

clocks

1967

01:28:56,090 --> 01:28:52,920

um you said

1968

01:28:59,209 --> 01:28:56,100

you had a five minute meditation

1969

01:29:02,030 --> 01:28:59,219

is how I'm not gonna let you get away

1970

01:29:05,209 --> 01:29:02,040

with just dropping that and then moving

1971

01:29:06,649 --> 01:29:05,219

on so well that's the merkaba that's you

1972

01:29:09,169 --> 01:29:06,659

know the shape that I have back here

1973

01:29:10,370 --> 01:29:09,179

right right and um I have a little one

1974

01:29:12,530 --> 01:29:10,380

here

1975

01:29:13,189 --> 01:29:12,540

this is the shape

1976

01:29:17,030 --> 01:29:13,199

um

1977

01:29:20,629 --> 01:29:17,040

that circles around the body so we have

1978

01:29:22,850 --> 01:29:20,639

this shape that spins both directions

1979

01:29:25,129 --> 01:29:22,860

around the body and we call it the

1980

01:29:27,110 --> 01:29:25,139

merkaba this really is the star

1981

01:29:29,090 --> 01:29:27,120

tetrahedron but we call it Democratic

1982

01:29:31,669 --> 01:29:29,100

because it reminds us of that shape and

1983

01:29:34,790 --> 01:29:31,679

learning it takes a couple of days or a

1984

01:29:36,470 --> 01:29:34,800

day to have to learn and then it only

1985

01:29:40,149 --> 01:29:36,480

takes five minutes to do

1986

01:29:43,450 --> 01:29:40,159

and that's absolutely a game changer

1987

01:29:46,189 --> 01:29:43,460

that doubled my capacity

1988

01:29:47,629 --> 01:29:46,199

to do spiritual work

1989

01:29:54,530 --> 01:29:47,639

my

1990

01:29:57,830 --> 01:29:54,540

doubled

1991

01:30:00,229 --> 01:29:57,840

it was amazing it is amazing how do you

1992

01:30:03,649 --> 01:30:00,239

get in and out in five minutes though it

1993

01:30:07,310 --> 01:30:03,659

would seem to me I want your explanation

1994

01:30:10,070 --> 01:30:07,320

but for me I need five minutes just to

1995

01:30:11,470 --> 01:30:10,080

get my head straight no matter what if

1996

01:30:16,790 --> 01:30:11,480

I'm sitting down

1997

01:30:19,550 --> 01:30:16,800

or but I need five minutes just to just

1998

01:30:21,890 --> 01:30:19,560

to be how do you I dare you I hear you

1999

01:30:23,510 --> 01:30:21,900

and I feel the same way I can't settle

2000

01:30:26,689 --> 01:30:23,520

down right away so I always use the

2001

01:30:29,030 --> 01:30:26,699

intro to settle down and to get my you

2002

01:30:31,310 --> 01:30:29,040

know place in myself in a place of okay

2003

01:30:32,870 --> 01:30:31,320

I'm ready to really participate but the

2004

01:30:34,970 --> 01:30:32,880

actual meditation only takes five

2005

01:30:38,570 --> 01:30:34,980

minutes and the reason is because you're

2006

01:30:40,430 --> 01:30:38,580

activating these fields with your breath

2007

01:30:41,990 --> 01:30:40,440

you talk about the breath work you're

2008

01:30:45,110 --> 01:30:42,000

activating these tails with your breath

2009

01:30:45,950 --> 01:30:45,120

and with your intention and when you do

2010

01:30:49,270 --> 01:30:45,960

that

2011

01:30:53,209 --> 01:30:49,280

it sets the field

2012

01:30:55,310 --> 01:30:53,219

to 5D so it's kind of like wearing the

2013

01:30:58,010 --> 01:30:55,320

5D uniform whether you've earned it or

2014

01:31:00,189 --> 01:30:58,020

not and that's what makes the merkava so

2015

01:31:04,010 --> 01:31:00,199

remarkable and such an

2016

01:31:05,390 --> 01:31:04,020

amazing meditation are are you folk are

2017

01:31:07,850 --> 01:31:05,400

you

2018

01:31:10,790 --> 01:31:07,860

um I I don't mean to be Cavalier

2019

01:31:14,030 --> 01:31:10,800

but are you focusing is are you spinning

2020

01:31:16,490 --> 01:31:14,040

it is this of something that is a focal

2021

01:31:19,010 --> 01:31:16,500

point the merkaba

2022

01:31:21,850 --> 01:31:19,020

um you build it with with various steps

2023

01:31:24,649 --> 01:31:21,860

so the first six steps you're actually

2024

01:31:27,830 --> 01:31:24,659

putting your attention on either the

2025

01:31:29,510 --> 01:31:27,840

upper tetrahedron or the lower one right

2026

01:31:32,149 --> 01:31:29,520

putting your breath in it you're filling

2027

01:31:34,129 --> 01:31:32,159

it with light right and then

2028

01:31:36,709 --> 01:31:34,139

um at the end of that first six breaths

2029

01:31:39,470 --> 01:31:36,719

each one of them you would clear it with

2030

01:31:42,590 --> 01:31:39,480

your the way you hold your eyes and then

2031

01:31:46,010 --> 01:31:42,600

after the first Express then you do an

2032

01:31:48,890 --> 01:31:46,020

energy building of the solar plexus and

2033

01:31:51,470 --> 01:31:48,900

you allow that field of of light in your

2034

01:31:55,129 --> 01:31:51,480

solar plexus to expand to about the size

2035

01:31:57,830 --> 01:31:55,139

of your hips and then use you allow it

2036

01:32:00,129 --> 01:31:57,840

to pop out so it becomes the same size

2037

01:32:05,450 --> 01:32:00,139

as the Vitruvian man

2038

01:32:07,669 --> 01:32:05,460

and then from that point you elevate the

2039

01:32:08,290 --> 01:32:07,679

Sphere not the start entering but the

2040

01:32:11,930 --> 01:32:08,300

sphere

2041

01:32:13,910 --> 01:32:11,940

to your heart now think about this if

2042

01:32:16,189 --> 01:32:13,920

you're moving that sphere that's based

2043

01:32:19,070 --> 01:32:16,199

on your solar plexus into your heart

2044

01:32:25,490 --> 01:32:19,080

you're literally merging the heart with

2045

01:32:28,669 --> 01:32:25,500

the solar plexus which allows you to

2046

01:32:33,649 --> 01:32:28,679

move from Fear to unconditional love

2047

01:32:36,649 --> 01:32:33,659

and that's one of the aspects of 5D so

2048

01:32:39,590 --> 01:32:36,659

then you send them spinning

2049

01:32:40,970 --> 01:32:39,600

uh you you are taught at at this point

2050

01:32:42,950 --> 01:32:40,980

after you move everything into your

2051

01:32:44,330 --> 01:32:42,960

heart and it's easy to remember these

2052

01:32:47,090 --> 01:32:44,340

things because you move into our heart

2053

01:32:48,950 --> 01:32:47,100

on breath 14 and by the way there's a

2054

01:32:50,750 --> 01:32:48,960

guided meditation that calls this all

2055

01:32:52,850 --> 01:32:50,760

out for you so you don't have to

2056

01:32:54,649 --> 01:32:52,860

remember anything but the jargon if you

2057

01:32:55,370 --> 01:32:54,659

will

2058

01:32:58,490 --> 01:32:55,380

um

2059

01:32:59,870 --> 01:32:58,500

and then you send you have three of

2060

01:33:01,430 --> 01:32:59,880

these guys three of these SAR

2061

01:33:03,830 --> 01:33:01,440

tetrahedrons

2062

01:33:05,330 --> 01:33:03,840

not just one we only talk about one

2063

01:33:08,030 --> 01:33:05,340

because it's too confusing but there's

2064

01:33:11,510 --> 01:33:08,040

actually three one is male one is female

2065

01:33:13,970 --> 01:33:11,520

and one is neutral so the one spinning

2066

01:33:15,950 --> 01:33:13,980

to the left is male the ones fitting to

2067

01:33:17,750 --> 01:33:15,960

the right is female so the first step

2068

01:33:19,370 --> 01:33:17,760

when you do the activation is you turn

2069

01:33:23,209 --> 01:33:19,380

them on at equal speed

2070

01:33:25,790 --> 01:33:23,219

the second step you take is you turn

2071

01:33:27,770 --> 01:33:25,800

them on in

2072

01:33:29,810 --> 01:33:27,780

a ratio

2073

01:33:32,990 --> 01:33:29,820

that is

2074

01:33:37,510 --> 01:33:33,000

the same ratio that you find

2075

01:33:40,189 --> 01:33:37,520

in the body the phir ratio being the

2076  
01:33:43,129 --> 01:33:40,199  
ratio that's found between the little

2077  
01:33:44,450 --> 01:33:43,139  
finger and the hand or from the hand to

2078  
01:33:49,870 --> 01:33:44,460  
the Elbow

2079  
01:33:53,470 --> 01:33:49,880  
so you gain that ability to activate

2080  
01:34:00,830 --> 01:33:53,480  
from a place of

2081  
01:34:04,070 --> 01:34:01,669  
um

2082  
01:34:07,129 --> 01:34:04,080  
when okay one more thing one more thing

2083  
01:34:10,070 --> 01:34:07,139  
I don't want to skip this then then the

2084  
01:34:13,010 --> 01:34:10,080  
last step is this thing is wobbling

2085  
01:34:17,030 --> 01:34:13,020  
because the ratio is uneven because

2086  
01:34:19,070 --> 01:34:17,040  
34 to 21 is 1.618 which is the Phi ratio

2087  
01:34:21,410 --> 01:34:19,080  
but it causes a wobble and if you've

2088  
01:34:23,209 --> 01:34:21,420

ever had a car with a broken rear spring

2089

01:34:25,430 --> 01:34:23,219

like I did one time

2090

01:34:26,390 --> 01:34:25,440

the faster you go on the freeway with

2091

01:34:28,550 --> 01:34:26,400

that thing

2092

01:34:32,390 --> 01:34:28,560

the less wobble there is so you change

2093

01:34:35,570 --> 01:34:32,400

the speed to vibrate the same rate that

2094

01:34:37,790 --> 01:34:35,580

atom vibrates in a Cell which is nine

2095

01:34:40,310 --> 01:34:37,800

tenths the speed of light

2096

01:34:43,189 --> 01:34:40,320

so every activation the last three

2097

01:34:45,470 --> 01:34:43,199

breaths are all activation steps are

2098

01:34:48,169 --> 01:34:45,480

purposeful and different

2099

01:34:50,090 --> 01:34:48,179

aspects that are being turned on so like

2100

01:34:53,149 --> 01:34:50,100

a car gets turned on

2101

01:34:57,590 --> 01:34:53,159

that's turning on the engine that's the

2102

01:34:59,510 --> 01:34:57,600

last second fifth breath 15 verse 16 is

2103

01:35:03,110 --> 01:34:59,520

setting in a setting in gear if you have

2104

01:35:05,209 --> 01:35:03,120

a standard transmission and the last

2105

01:35:06,530 --> 01:35:05,219

step is stepping on the gas

2106

01:35:08,270 --> 01:35:06,540

so that's how you can do it in five

2107

01:35:12,470 --> 01:35:08,280

minutes

2108

01:35:14,450 --> 01:35:12,480

do it that's right I told you that it

2109

01:35:16,970 --> 01:35:14,460

would take four hours or five hours to

2110

01:35:20,450 --> 01:35:16,980

learn it but once you learn it you can

2111

01:35:22,370 --> 01:35:20,460

do it and and what's so amazing is

2112

01:35:25,129 --> 01:35:22,380

as you learn it you just you just begin

2113

01:35:26,350 --> 01:35:25,139

it and become it and it changes

2114

01:35:31,310 --> 01:35:26,360

everything

2115

01:35:34,850 --> 01:35:31,320

now the reason why I was asking about

2116

01:35:37,370 --> 01:35:34,860

the focus on the rotating Merc of them

2117

01:35:41,270 --> 01:35:37,380

is I've watched some videos and some

2118

01:35:41,870 --> 01:35:41,280

animation on this over the years and

2119

01:35:45,290 --> 01:35:41,880

um

2120

01:35:47,930 --> 01:35:45,300

uh I have always I'm a visual you know

2121

01:35:51,110 --> 01:35:47,940

I'm trying to figure this out

2122

01:35:54,830 --> 01:35:51,120

and it's always above the head and and

2123

01:35:57,890 --> 01:35:54,840

it's here I've never seen three uh

2124

01:36:00,590 --> 01:35:57,900

feminine neutral and and masculine

2125

01:36:04,129 --> 01:36:00,600

opposite spinning

2126

01:36:05,570 --> 01:36:04,139

um are are you is can we can we back up

2127

01:36:08,330 --> 01:36:05,580

to that step for a second so I can

2128

01:36:09,229 --> 01:36:08,340

understand is this

2129

01:36:12,830 --> 01:36:09,239

um

2130

01:36:15,169 --> 01:36:12,840

you are you are meditating so visually

2131

01:36:17,390 --> 01:36:15,179

where are these

2132

01:36:19,970 --> 01:36:17,400

are they in front of you are they above

2133

01:36:23,149 --> 01:36:19,980

you are you you know

2134

01:36:25,729 --> 01:36:23,159

like if I'm doing it here and I'm in the

2135

01:36:27,950 --> 01:36:25,739

zone what what am I trying to picture

2136

01:36:29,030 --> 01:36:27,960

I'm gonna try this after the show

2137

01:36:32,030 --> 01:36:29,040

okay

2138

01:36:34,310 --> 01:36:32,040

so what you're doing is

2139

01:36:36,709 --> 01:36:34,320

you're it's all about intention because

2140

01:36:38,570 --> 01:36:36,719

the speed ratios are so fast you

2141

01:36:41,270 --> 01:36:38,580

wouldn't really be able to see it but

2142

01:36:44,290 --> 01:36:41,280

your intention is that there's three of

2143

01:36:47,450 --> 01:36:44,300

them they rest on your

2144

01:36:48,350 --> 01:36:47,460

chronic tube so your product tube is the

2145

01:36:52,669 --> 01:36:48,360

center

2146

01:36:54,229 --> 01:36:52,679

of this guy okay the top of it is one

2147

01:36:56,510 --> 01:36:54,239

hand length above your head whatever

2148

01:36:58,370 --> 01:36:56,520

your hand length is and the and the

2149

01:37:00,729 --> 01:36:58,380

bottom tetrahedron is one hand length

2150

01:37:04,010 --> 01:37:00,739

below your feet so you're in the middle

2151  
01:37:06,470 --> 01:37:04,020  
right one of these represents the

2152  
01:37:09,110 --> 01:37:06,480  
physical body and doesn't move

2153  
01:37:11,090 --> 01:37:09,120  
one of these represents the mental body

2154  
01:37:13,669 --> 01:37:11,100  
and it moves to the left

2155  
01:37:17,990 --> 01:37:13,679  
one of these sets this whole star

2156  
01:37:19,370 --> 01:37:18,000  
tetrahedron spins to the

2157  
01:37:23,510 --> 01:37:19,380  
right

2158  
01:37:25,850 --> 01:37:23,520  
and the ratio they create causes this

2159  
01:37:28,790 --> 01:37:25,860  
thing to be wobbly

2160  
01:37:32,270 --> 01:37:28,800  
and so then you change the speed it

2161  
01:37:33,950 --> 01:37:32,280  
first speeds it the speed starts out at

2162  
01:37:37,669 --> 01:37:33,960  
one third the speed of light that

2163  
01:37:40,910 --> 01:37:37,679

happens to be the same speed that a

2164

01:37:43,550 --> 01:37:40,920

random electron has wandered outside of

2165

01:37:45,050 --> 01:37:43,560

its home base is moving at one third the

2166

01:37:46,250 --> 01:37:45,060

speed of light a lot of people don't

2167

01:37:50,750 --> 01:37:46,260

know that

2168

01:37:54,590 --> 01:37:50,760

then you take this ratio and the

2169

01:37:57,830 --> 01:37:54,600

pressure from the alternating spin on

2170

01:37:59,510 --> 01:37:57,840

the same axis causes the speed to double

2171

01:38:00,229 --> 01:37:59,520

so now you're at two thirds the speed of

2172

01:38:02,750 --> 01:38:00,239

light

2173

01:38:04,370 --> 01:38:02,760

and it's still wobbling so then you just

2174

01:38:07,250 --> 01:38:04,380

take it up to the speed that everything

2175

01:38:09,410 --> 01:38:07,260

is supposed to move inside an atom and

2176  
01:38:11,629 --> 01:38:09,420  
that's nine times the speed of light

2177  
01:38:13,430 --> 01:38:11,639  
so I actually can

2178  
01:38:15,470 --> 01:38:13,440  
is there a way I can share something

2179  
01:38:17,930 --> 01:38:15,480  
with you a short clip you can you can

2180  
01:38:21,410 --> 01:38:17,940  
you can okay down at the bottom see

2181  
01:38:23,030 --> 01:38:21,420  
where it says present uh-huh okay click

2182  
01:38:25,669 --> 01:38:23,040  
on that

2183  
01:38:28,070 --> 01:38:25,679  
and then you've got your options there

2184  
01:38:29,649 --> 01:38:28,080  
so you've got share screen you've got

2185  
01:38:32,510 --> 01:38:29,659  
video file

2186  
01:38:35,390 --> 01:38:32,520  
it'll probably come into me and I can

2187  
01:38:36,890 --> 01:38:35,400  
play it but it it may appear to you

2188  
01:38:43,129 --> 01:38:36,900

okay

2189

01:38:45,649 --> 01:38:43,139

share screen here

2190

01:38:47,930 --> 01:38:45,659

and

2191

01:38:49,610 --> 01:38:47,940

oh come on I'm getting just a bunch of

2192

01:38:51,770 --> 01:38:49,620

junk

2193

01:38:56,510 --> 01:38:51,780

share

2194

01:39:00,169 --> 01:38:56,520

let's cancel that I'll send a copy to

2195

01:39:03,229 --> 01:39:00,179

you okay and you can show it and look at

2196

01:39:05,810 --> 01:39:03,239

it okay and this is a very short clip

2197

01:39:10,910 --> 01:39:05,820

we're talking like maybe 10 seconds okay

2198

01:39:15,890 --> 01:39:13,030

can I put it in a private chat

2199

01:39:19,070 --> 01:39:15,900

Uh Oh I thought you were gonna email it

2200

01:39:21,110 --> 01:39:19,080

to me oh sure I can do that yeah just

2201

01:39:22,870 --> 01:39:21,120

pop it in an email and we'll do it that

2202

01:39:26,090 --> 01:39:22,880

way yeah I want to see just

2203

01:39:30,290 --> 01:39:26,100

I think you're gonna like it

2204

01:39:33,649 --> 01:39:30,300

so um yeah and then you can uh share it

2205

01:39:35,990 --> 01:39:33,659

with the um yeah I'll do the second it

2206

01:39:39,410 --> 01:39:36,000

comes in okay very good

2207

01:39:43,970 --> 01:39:39,420

all right I apologize Mike no that's

2208

01:39:47,689 --> 01:39:43,980

okay but I have the technology uh you

2209

01:39:50,390 --> 01:39:47,699

know I've been fascinated with okay so

2210

01:39:53,330 --> 01:39:50,400

um uh while you are doing that I think

2211

01:39:55,129 --> 01:39:53,340

it just came in let me see let me see oh

2212

01:39:57,050 --> 01:39:55,139

it didn't okay

2213

01:39:58,070 --> 01:39:57,060

um you know what you know what I laugh

2214

01:40:04,129 --> 01:39:58,080

at

2215

01:40:07,930 --> 01:40:04,139

somebody will be driving a car listening

2216

01:40:11,930 --> 01:40:07,940

to a meditation CD while they're driving

2217

01:40:14,330 --> 01:40:11,940

okay you are at fun with yourself gotta

2218

01:40:20,330 --> 01:40:14,340

be like man that's a dangerous move I

2219

01:40:22,490 --> 01:40:20,340

agree I agree that is a dangerous move

2220

01:40:24,530 --> 01:40:22,500

all right

2221

01:40:27,470 --> 01:40:24,540

um yeah I'm just waiting for it uh to

2222

01:40:30,649 --> 01:40:27,480

come in somebody made a a comment about

2223

01:40:34,610 --> 01:40:30,659

that earlier too as well yeah let's see

2224

01:40:37,070 --> 01:40:34,620

it on screen Jimmy yes yes yes coming in

2225

01:40:39,410 --> 01:40:37,080

it's coming in it's coming in

2226

01:40:42,430 --> 01:40:39,420

it's coming in on that invitation email

2227

01:40:47,650 --> 01:40:42,440

so you'll see it okay

2228

01:40:54,590 --> 01:40:49,810

[Music]

2229

01:40:56,209 --> 01:40:54,600

uh or okay it's not here yet all right

2230

01:40:57,729 --> 01:40:56,219

so

2231

01:41:00,350 --> 01:40:57,739

um

2232

01:41:03,729 --> 01:41:00,360

the spin let me see if I can do it this

2233

01:41:08,870 --> 01:41:06,410

maybe it just now went out

2234

01:41:12,770 --> 01:41:08,880

maybe now you'll get it

2235

01:41:20,510 --> 01:41:12,780

in any event the um spin is pretty

2236

01:41:24,290 --> 01:41:22,850

is if you could see it this is what it

2237

01:41:26,930 --> 01:41:24,300

would look like but you can't see it

2238

01:41:31,310 --> 01:41:26,940

because it's moving so fast

2239

01:41:36,350 --> 01:41:31,320

yeah well I mean uh okay what uh

2240

01:41:39,830 --> 01:41:36,360

it's like it's trying to happen

2241

01:41:42,470 --> 01:41:39,840

uh but it's not okay I I stay right

2242

01:41:48,189 --> 01:41:42,480

there got it yeah yeah stay right there

2243

01:41:54,770 --> 01:41:52,609

okay I'm I've got to uh before this gets

2244

01:41:58,930 --> 01:41:54,780

out of control let me move this over

2245

01:42:02,990 --> 01:41:58,940

here let me pause this okay

2246

01:42:07,370 --> 01:42:03,000

all right let me back this up we are

2247

01:42:07,380 --> 01:42:14,750

here we go so

2248

01:42:25,070 --> 01:42:16,250

okay

2249

01:42:29,810 --> 01:42:26,930

if you could say it that's what it would

2250

01:42:32,510 --> 01:42:29,820

look like oh yes

2251

01:42:39,950 --> 01:42:32,520

okay we're playing it for a second yeah

2252

01:42:43,669 --> 01:42:41,629

man that uh

2253

01:42:45,129 --> 01:42:43,679

that'll be that'll get you in the zone

2254

01:42:48,050 --> 01:42:45,139

right there

2255

01:42:51,470 --> 01:42:48,060

you have to Loop it yeah

2256

01:42:54,830 --> 01:42:51,480

yeah yeah yeah actually I probably could

2257

01:42:59,350 --> 01:42:54,840

oh it says here uh

2258

01:42:59,360 --> 01:43:05,689

it might just look yeah there it is okay

2259

01:43:05,699 --> 01:43:10,790

you are getting sleepy

2260

01:43:16,250 --> 01:43:14,030

you're getting sleepy so it's really

2261

01:43:18,490 --> 01:43:16,260

hard to imagine but that's kind of what

2262

01:43:22,970 --> 01:43:18,500

it would look like if you could see it

2263

01:43:26,930 --> 01:43:22,980

and um now bringing this up to

2264

01:43:30,109 --> 01:43:26,940

um if if that was uh the speed of light

2265

01:43:31,430 --> 01:43:30,119

or you know two-thirds or one-third that

2266

01:43:34,550 --> 01:43:31,440

would be a blur

2267

01:43:39,590 --> 01:43:34,560

that's right not only that but then as

2268

01:43:42,590 --> 01:43:39,600

this whole thing spins what happens is

2269

01:43:47,689 --> 01:43:46,010

whole thing flattens out and looks like

2270

01:43:51,410 --> 01:43:47,699

a

2271

01:43:52,390 --> 01:43:51,420

rest of

2272

01:43:55,010 --> 01:43:52,400

us

2273

01:43:56,510 --> 01:43:55,020

yeah yeah yeah yeah yeah yeah of course

2274

01:44:00,530 --> 01:43:56,520

of course

2275

01:44:03,410 --> 01:44:00,540

um I uh

2276

01:44:06,229 --> 01:44:03,420

I have heard let's I'm gonna run this by

2277

01:44:09,050 --> 01:44:06,239

you I have heard

2278

01:44:09,910 --> 01:44:09,060

many times not just from One Source many

2279

01:44:13,189 --> 01:44:09,920

times

2280

01:44:16,010 --> 01:44:13,199

that some of the pyramids in Egypt had

2281

01:44:17,930 --> 01:44:16,020

had these on the top

2282

01:44:20,570 --> 01:44:17,940

um have you heard the same thing

2283

01:44:24,709 --> 01:44:20,580

uh not only that but I have also heard

2284

01:44:30,050 --> 01:44:24,719

that the number one reason why uh zahi

2285

01:44:32,810 --> 01:44:30,060

awas did not put the gold top on the

2286

01:44:34,910 --> 01:44:32,820

pyramid when he said he was going to and

2287

01:44:36,770 --> 01:44:34,920

he announced the world he was gonna is

2288

01:44:39,649 --> 01:44:36,780

because he was told by all the mystics

2289

01:44:41,510 --> 01:44:39,659

don't do it it will set something in

2290

01:44:42,830 --> 01:44:41,520

motion that you have no idea what you're

2291

01:44:45,410 --> 01:44:42,840

going to do

2292

01:44:48,649 --> 01:44:45,420

and so he didn't

2293

01:44:51,770 --> 01:44:48,659

um so there's something hidden here that

2294

01:44:54,050 --> 01:44:51,780

even I don't understand other than it

2295

01:44:55,850 --> 01:44:54,060

would activate something and probably

2296

01:44:59,990 --> 01:44:55,860

wake people up

2297

01:45:04,189 --> 01:45:00,000

we're we're there aren't we we're waking

2298

01:45:07,669 --> 01:45:04,199

up I did do you feel that

2299

01:45:10,310 --> 01:45:07,679

um the the motion that we have right now

2300

01:45:13,189 --> 01:45:10,320

with E.T and contact and the

2301

01:45:15,410 --> 01:45:13,199

conversations that are going on now not

2302

01:45:17,109 --> 01:45:15,420

only in the media but governments and

2303

01:45:19,250 --> 01:45:17,119

state actors and

2304

01:45:22,010 --> 01:45:19,260

militaries around the world that

2305

01:45:23,390 --> 01:45:22,020

suddenly these conversations are

2306

01:45:27,590 --> 01:45:23,400

happening

2307

01:45:32,570 --> 01:45:27,600

um uh and I I feel that we are ready for

2308

01:45:36,410 --> 01:45:32,580

them is this is this change upon us

2309

01:45:39,770 --> 01:45:36,420

I think so I do think it's going to take

2310

01:45:43,250 --> 01:45:39,780

more time than people are wanting it to

2311

01:45:46,729 --> 01:45:43,260

take I do think that we're looking at a

2312

01:45:49,189 --> 01:45:46,739

whole nother generation before people

2313

01:45:50,750 --> 01:45:49,199

finally

2314

01:45:53,870 --> 01:45:50,760

accept

2315

01:45:56,570 --> 01:45:53,880

that we are all connected that we all

2316

01:45:58,910 --> 01:45:56,580

are supposed to be caring about Earth as

2317

01:46:03,590 --> 01:45:58,920

well as ourselves

2318

01:46:06,350 --> 01:46:03,600

and you see it in the generation

2319

01:46:08,629 --> 01:46:06,360

that is

2320

01:46:10,609 --> 01:46:08,639

um has been around for a while

2321

01:46:13,490 --> 01:46:10,619

and then it seems like it skips a

2322

01:46:15,830 --> 01:46:13,500

generation and then the younger ones are

2323

01:46:17,390 --> 01:46:15,840

really amazing like you remember you

2324

01:46:19,430 --> 01:46:17,400

said how in kindergarten you didn't get

2325

01:46:22,790 --> 01:46:19,440

any of those kind of notes that would

2326

01:46:25,209 --> 01:46:22,800

have been fun or complimentary

2327

01:46:29,030 --> 01:46:25,219

um my son told me that my granddaughter

2328

01:46:32,209 --> 01:46:29,040

had stood up in her preschool

2329

01:46:35,030 --> 01:46:32,219

and said the energy here isn't right

2330

01:46:36,770 --> 01:46:35,040

somebody isn't feeling good let's all

2331

01:46:38,510 --> 01:46:36,780

sing and make everyone happy or

2332

01:46:42,410 --> 01:46:38,520

something like that right right right

2333

01:46:46,609 --> 01:46:43,790

so I think you're just going to take

2334

01:46:48,890 --> 01:46:46,619

that generation to really move us

2335

01:46:51,050 --> 01:46:48,900

over the over the top to give us that

2336

01:46:53,450 --> 01:46:51,060

Tipping Point if you will at the same

2337

01:46:55,070 --> 01:46:53,460

time the typical Point could happen at

2338

01:46:57,970 --> 01:46:55,080

any time

2339

01:47:00,770 --> 01:46:57,980

based upon a lot of factors

2340

01:47:03,530 --> 01:47:00,780

so we're getting close

2341

01:47:05,090 --> 01:47:03,540

but the full-on I don't know how long

2342

01:47:09,109 --> 01:47:05,100

that's going to take could take us 10 or

2343

01:47:14,649 --> 01:47:09,119

15 years the the kids today when it

2344

01:47:17,030 --> 01:47:14,659

comes to uh a better understanding of of

2345

01:47:20,570 --> 01:47:17,040

what can be

2346

01:47:23,870 --> 01:47:20,580

right okay an open-mindedness and

2347

01:47:26,450 --> 01:47:23,880

acceptedness of that has never been this

2348

01:47:30,169 --> 01:47:26,460

strong like it is right now where they

2349

01:47:35,090 --> 01:47:30,179

fully get it not only uh with

2350

01:47:36,590 --> 01:47:35,100

um uh 3D 4D 5d60 existence but uh the

2351

01:47:40,910 --> 01:47:36,600

Multiverse

2352

01:47:43,310 --> 01:47:40,920

um the understanding of time uh E.T uh

2353

01:47:47,090 --> 01:47:43,320

and and and that side of things as well

2354

01:47:49,729 --> 01:47:47,100

as uh uh uh spirituality and the

2355

01:47:51,530 --> 01:47:49,739

discovery of the self I've never seen it

2356

01:47:52,910 --> 01:47:51,540

like this before well it wasn't like

2357

01:47:55,669 --> 01:47:52,920

this when you and I were growing up

2358

01:47:57,649 --> 01:47:55,679

that's for sure that's right that's

2359

01:47:59,510 --> 01:47:57,659

right

2360

01:48:02,209 --> 01:47:59,520

well we're

2361

01:48:03,770 --> 01:48:02,219

um we're in the age where we're seeing a

2362

01:48:10,910 --> 01:48:03,780

difference

2363

01:48:13,970 --> 01:48:10,920

every day in every way and I for one

2364

01:48:15,770 --> 01:48:13,980

know that when we're holding a high Vibe

2365

01:48:18,410 --> 01:48:15,780

space everyone would come in contact

2366

01:48:21,410 --> 01:48:18,420

with gets to be at that high Vibe

2367

01:48:23,870 --> 01:48:21,420

because it isn't just us it's the field

2368

01:48:26,510 --> 01:48:23,880

we're creating and it positively

2369

01:48:28,310 --> 01:48:26,520

influences the people around us but

2370

01:48:32,109 --> 01:48:28,320

that's really cool but they're they're

2371

01:48:37,270 --> 01:48:36,050

almost like at a DNA level that they are

2372

01:48:42,530 --> 01:48:37,280

different

2373

01:48:44,209 --> 01:48:42,540

absolutely yeah yeah yeah yeah the

2374

01:48:47,450 --> 01:48:44,219

little kids I agree

2375

01:48:50,750 --> 01:48:47,460

it's as crazy as that sounds you know

2376

01:48:53,930 --> 01:48:50,760

for to to say out loud

2377

01:48:56,390 --> 01:48:53,940

um I don't think this was taught

2378

01:48:59,390 --> 01:48:56,400

I don't I don't I think that this is

2379

01:49:00,350 --> 01:48:59,400

just who they are now that there is a

2380

01:49:03,050 --> 01:49:00,360

dip

2381

01:49:04,750 --> 01:49:03,060

um you and I we grew up

2382

01:49:09,010 --> 01:49:04,760

um and

2383

01:49:12,470 --> 01:49:09,020

the the magic to life was a bigger house

2384

01:49:14,510 --> 01:49:12,480

and a promotion at work and more money

2385

01:49:16,810 --> 01:49:14,520

that that was happened that was

2386

01:49:20,870 --> 01:49:16,820

happiness that's what life was about

2387

01:49:23,629 --> 01:49:20,880

that's not what kids believe today oh no

2388

01:49:25,310 --> 01:49:23,639

their take on happiness is a totally

2389

01:49:28,370 --> 01:49:25,320

different world and I think that it's

2390

01:49:29,810 --> 01:49:28,380

it's I it's not being you know what I

2391

01:49:33,169 --> 01:49:29,820

mean I don't think it's learned I think

2392

01:49:35,689 --> 01:49:33,179

their DNA has been altered I would be I

2393

01:49:39,109 --> 01:49:35,699

think so in fact maybe your DNA was

2394

01:49:41,810 --> 01:49:39,119

altered when you were in Egypt mm-hmm

2395

01:49:44,570 --> 01:49:41,820

I wouldn't doubt it I wouldn't doubt it

2396

01:49:46,729 --> 01:49:44,580

I I you know

2397

01:49:49,850 --> 01:49:46,739

I'm going to share this with you I'm

2398

01:49:51,530 --> 01:49:49,860

coming back from Egypt and uh and I love

2399

01:49:53,270 --> 01:49:51,540

I love my country I love the United

2400

01:49:56,030 --> 01:49:53,280

States I love every I love being an

2401  
01:49:58,970 --> 01:49:56,040  
American I do love everything about it I

2402  
01:50:03,470 --> 01:49:58,980  
love I love the food I love the culture

2403  
01:50:05,750 --> 01:50:03,480  
I love the cars I love it all

2404  
01:50:07,669 --> 01:50:05,760  
but I'm on the plane coming back and I'm

2405  
01:50:10,629 --> 01:50:07,679  
like man

2406  
01:50:14,750 --> 01:50:10,639  
the United States sucks

2407  
01:50:16,910 --> 01:50:14,760  
and I was like I gotta go from this

2408  
01:50:21,169 --> 01:50:16,920  
spiritual place

2409  
01:50:24,410 --> 01:50:21,179  
of of Happiness back to this country

2410  
01:50:28,250 --> 01:50:24,420  
where we find ourselves so divided and

2411  
01:50:30,890 --> 01:50:28,260  
and and and and so much negativity and

2412  
01:50:32,270 --> 01:50:30,900  
and I didn't want to face it you know

2413  
01:50:34,910 --> 01:50:32,280

and

2414

01:50:37,609 --> 01:50:34,920

um I uh I did a couple of interviews uh

2415

01:50:41,270 --> 01:50:37,619

when I got when I got back and a couple

2416

01:50:44,330 --> 01:50:41,280

episodes I shot my TV show and stuff

2417

01:50:46,310 --> 01:50:44,340

um for Gaia and I brought this point up

2418

01:50:49,010 --> 01:50:46,320

Maureen a few times

2419

01:50:50,570 --> 01:50:49,020

I was not happy on that plane trip back

2420

01:50:53,229 --> 01:50:50,580

I didn't want to come back I wanted to

2421

01:50:55,430 --> 01:50:53,239

stay in Egypt yeah

2422

01:50:57,290 --> 01:50:55,440

you know it's an interesting thing you

2423

01:50:59,390 --> 01:50:57,300

refer to it as a spiritual place but the

2424

01:51:02,930 --> 01:50:59,400

Egyptians do not consider it a spiritual

2425

01:51:05,990 --> 01:51:02,940

place and they do not perceive the

2426  
01:51:08,570 --> 01:51:06,000  
Holiness that we see in the temples yet

2427  
01:51:11,209 --> 01:51:08,580  
they are happy people they are happy

2428  
01:51:14,149 --> 01:51:11,219  
they are very happy people very happy

2429  
01:51:16,070 --> 01:51:14,159  
nothing but smiles and teeth in in Egypt

2430  
01:51:19,070 --> 01:51:16,080  
you know it's a it's a beautiful thing

2431  
01:51:22,910 --> 01:51:19,080  
to see but you're right about that and

2432  
01:51:25,189 --> 01:51:22,920  
if we there's a new um uh there's a new

2433  
01:51:27,310 --> 01:51:25,199  
series out I highly recommend it to

2434  
01:51:30,770 --> 01:51:27,320  
everybody it's on I think it's Netflix

2435  
01:51:32,270 --> 01:51:30,780  
Cleopatra okay it's four parts brand new

2436  
01:51:36,530 --> 01:51:32,280  
just came out a couple of days ago it's

2437  
01:51:40,550 --> 01:51:36,540  
amazing just go and watch it but they

2438  
01:51:43,189 --> 01:51:40,560

bring up uh in this something that we

2439

01:51:45,109 --> 01:51:43,199

sort of know about and our our community

2440

01:51:46,669 --> 01:51:45,119

talks about it but it's this

2441

01:51:50,450 --> 01:51:46,679

that

2442

01:51:54,950 --> 01:51:50,460

um the Romans when Cleopatra died she

2443

01:51:57,709 --> 01:51:54,960

struggled to to preserve what it was to

2444

01:51:59,750 --> 01:51:57,719

be Egyptian right to read and write the

2445

01:52:02,930 --> 01:51:59,760

language uh to respect the religion and

2446

01:52:05,270 --> 01:52:02,940

the gods and and and everything else

2447

01:52:06,890 --> 01:52:05,280

um and and she wanted to learn all of

2448

01:52:09,169 --> 01:52:06,900

that in the culture and she traveled all

2449

01:52:12,950 --> 01:52:09,179

around the country but the Romans after

2450

01:52:16,550 --> 01:52:12,960

when after uh she was no more

2451

01:52:19,689 --> 01:52:16,560

um tried to erase that and how quickly

2452

01:52:23,030 --> 01:52:19,699

the Egyptians themselves

2453

01:52:26,709 --> 01:52:23,040

forgot how to speak the language right

2454

01:52:30,649 --> 01:52:26,719

forgot how to to write and read uh

2455

01:52:33,410 --> 01:52:30,659

Egyptian hieroglyphs it was like

2456

01:52:35,450 --> 01:52:33,420

overnight so you write about that the

2457

01:52:37,669 --> 01:52:35,460

the value of the temples and the priests

2458

01:52:43,970 --> 01:52:37,679

and everything that just stopped

2459

01:52:51,590 --> 01:52:48,530

and the reason that filet was able to

2460

01:52:53,930 --> 01:52:51,600

preserve so much is it didn't go through

2461

01:52:56,689 --> 01:52:53,940

the perch that the Romans they avoided

2462

01:52:59,090 --> 01:52:56,699

it and it continued to serve as a temple

2463

01:53:04,189 --> 01:52:59,100

for 50 years after the Romans took over

2464

01:53:10,970 --> 01:53:04,199

that's right and so that the segment is

2465

01:53:13,669 --> 01:53:10,980

safe in the environment for posterity

2466

01:53:16,430 --> 01:53:13,679

awesome yeah right same thing with

2467

01:53:19,250 --> 01:53:16,440

tandera though too as well and abidos

2468

01:53:23,270 --> 01:53:19,260

you know the farther south that you went

2469

01:53:24,709 --> 01:53:23,280

away from Cairo uh the Traditions uh

2470

01:53:27,530 --> 01:53:24,719

were preserved and the temples

2471

01:53:29,930 --> 01:53:27,540

themselves are in in better shape versus

2472

01:53:32,990 --> 01:53:29,940

what was going on in the North in in

2473

01:53:35,750 --> 01:53:33,000

Lower Egypt what a great show tonight

2474

01:53:38,450 --> 01:53:35,760

where can everybody chase you down and

2475

01:53:41,330 --> 01:53:38,460

now I've got the links up uh for

2476

01:53:42,890 --> 01:53:41,340

Maureen's meditation gift and so

2477

01:53:44,330 --> 01:53:42,900

everybody can go and click on that and

2478

01:53:46,790 --> 01:53:44,340

go and check it out but how can

2479

01:53:48,890 --> 01:53:46,800

everybody reach out to you Maureen Saint

2480

01:53:50,990 --> 01:53:48,900

Germain mrschool.com

2481

01:53:52,490 --> 01:53:51,000

if you write to info you'll get a

2482

01:53:55,070 --> 01:53:52,500

response pretty quick we have a good

2483

01:53:57,250 --> 01:53:55,080

team that takes care of that and if you

2484

01:54:00,470 --> 01:53:57,260

need to reach me write info at Maureen

2485

01:54:03,109 --> 01:54:00,480

stgermain mrschool.com and they will

2486

01:54:06,109 --> 01:54:03,119

make sure I get your message

2487

01:54:07,669 --> 01:54:06,119

um get the app and enjoy those free

2488

01:54:09,890 --> 01:54:07,679

meditations and if you think you like

2489

01:54:12,350 --> 01:54:09,900

them then you know sign up

2490

01:54:14,629 --> 01:54:12,360

we'd love to have you and you know the

2491

01:54:16,790 --> 01:54:14,639

the books say so much for what's really

2492

01:54:19,189 --> 01:54:16,800

going on in the reality you know the

2493

01:54:20,810 --> 01:54:19,199

akashic records book is a wonderful tool

2494

01:54:22,970 --> 01:54:20,820

to learn how to open your own records if

2495

01:54:24,709 --> 01:54:22,980

you if you like to teach yourself and

2496

01:54:27,890 --> 01:54:24,719

these two books on 5D I'm going to have

2497

01:54:30,470 --> 01:54:27,900

another book on 5D before I leave that

2498

01:54:33,709 --> 01:54:30,480

one behind and of course Beyond The

2499

01:54:35,510 --> 01:54:33,719

Flower of Life is the epitome of what's

2500

01:54:38,090 --> 01:54:35,520

going on with the merkaba and how to use

2501  
01:54:39,709 --> 01:54:38,100  
it and how to maximize it so you know

2502  
01:54:41,330 --> 01:54:39,719  
these are opportunities for people to

2503  
01:54:43,970 --> 01:54:41,340  
grow and learn and they're on audio too

2504  
01:54:46,910 --> 01:54:43,980  
so yeah and I highly recommend I've had

2505  
01:54:50,330 --> 01:54:46,920  
all the books uh for a while

2506  
01:54:52,189 --> 01:54:50,340  
um absolutely great reading I highly

2507  
01:54:56,149 --> 01:54:52,199  
recommend all of that I wanted to ask

2508  
01:54:58,490 --> 01:54:56,159  
you oh somebody really quick uh I I

2509  
01:55:02,149 --> 01:54:58,500  
think I saw this in the chat is the app

2510  
01:55:04,129 --> 01:55:02,159  
available on both Android and Apple or

2511  
01:55:06,770 --> 01:55:04,139  
is it just apple right now we're working

2512  
01:55:09,709 --> 01:55:06,780  
on Android it's not ready yet okay the

2513  
01:55:12,830 --> 01:55:09,719

Apple version is ready okay so do you

2514

01:55:16,010 --> 01:55:12,840

have a timeline for the Android version

2515

01:55:19,550 --> 01:55:16,020

it'll be out in July July oh a month

2516

01:55:24,109 --> 01:55:19,560

month and a half Maureen St Germain I'll

2517

01:55:25,910 --> 01:55:24,119

talk to you tomorrow okay oh and you owe

2518

01:55:28,310 --> 01:55:25,920

me an email with some pictures in it

2519

01:55:31,850 --> 01:55:28,320

wink wink of the East Coast you know

2520

01:55:34,010 --> 01:55:31,860

what to do okay all right okay Maureen

2521

01:55:36,669 --> 01:55:34,020

have a great night thank you so much

2522

01:55:39,709 --> 01:55:36,679

you're the absolute very best

2523

01:55:42,890 --> 01:55:39,719

Maureen thank you so much Maureen St

2524

01:55:46,129 --> 01:55:42,900

Germain and uh now the Links uh former

2525

01:55:48,410 --> 01:55:46,139

Marines meditation gift they are below

2526

01:55:51,530 --> 01:55:48,420

um I popped it up in the chat and so did

2527

01:55:55,010 --> 01:55:51,540

Bill Bill's got it up again in the chat

2528

01:55:57,229 --> 01:55:55,020

right there for everybody and uh so

2529

01:55:58,910 --> 01:55:57,239

there you go what do I have what's going

2530

01:56:01,430 --> 01:55:58,920

on with me tomorrow night does anybody

2531

01:56:03,590 --> 01:56:01,440

know let's see tomorrow night oh

2532

01:56:06,709 --> 01:56:03,600

tomorrow night I got Dr Bruce Cornett on

2533

01:56:08,930 --> 01:56:06,719

that is tomorrow night on Fade to Black

2534

01:56:13,070 --> 01:56:08,940

what a great show tonight

2535

01:56:15,250 --> 01:56:13,080

um also tomorrow I will be on uh with uh

2536

01:56:19,370 --> 01:56:15,260

Christina Gomez

2537

01:56:20,990 --> 01:56:19,380

Mysteries with a history all right and

2538

01:56:22,550 --> 01:56:21,000

that is tomorrow afternoon Fade to Black

2539

01:56:25,129 --> 01:56:22,560

is produced by Hilton J Palm Renee

2540

01:56:27,109 --> 01:56:25,139

Newman and Michelle freed thank you to

2541

01:56:30,070 --> 01:56:27,119

Dennis and Kevin webmaster is true to

2542

01:56:32,030 --> 01:56:30,080

keep music Doug Aldridge intro space boy

2543

01:56:33,890 --> 01:56:32,040

spaceboymusic.com Fade to Black is

2544

01:56:36,470 --> 01:56:33,900

produced by kjcr for the game changer

2545

01:56:39,649 --> 01:56:36,480

Network this broadcast is own and

2546

01:56:41,629 --> 01:56:39,659

copywriting 2023 by Fade to Black in the

2547

01:56:43,609 --> 01:56:41,639

game changer networking it cannot be

2548

01:56:45,290 --> 01:56:43,619

rebroadcast downloaded copied or used

2549

01:56:47,149 --> 01:56:45,300

anywhere in the gnome Universe without

2550

01:56:49,129 --> 01:56:47,159

written permission from Fade to Black in

2551

01:56:52,070 --> 01:56:49,139

the game changer Network tomorrow night

2552

01:56:53,810 --> 01:56:52,080

Dr Bruce cornetts until then everybody

2553

01:57:01,560 --> 01:56:53,820

be safe